



Fitzhenry & Whiteside

Red Deer Press | Fifth House Publishers

Winter 2013

Coming February 2014 from Fitzhenry & Whiteside



Autism's Story

June B. Pimm PhD.

Autism's Story brings a fresh approach to the extensive literature on A autism. The author draws upon her own extensive experience as a child psychologist to inform the reader through the eyes of a parent and teacher of an autistic child. Using research findings from the field of developmental psychology, she informs and entertains the reader with the story of a runaway diagnosis which evolved from extremely rare to the epidemic we know today.

Dr. Pimm has degrees in both Clinical and Developmental Psychology and has extensive experience in teaching and research in the field of autism. She is currently the Psychology Coordinator for Autism services for a large urban school board and Adjunct Professor of Psychology for Carleton University where she teaches the Psychology of Autism. She has worked in the field of developmental psychology for over 40 years and has published several books, book chapters and articles in this field.

Pub Date: February 2014

Price: \$22.95

EAN: 978-1-55455-333-4

Trim: 6 x 9

Format: Trade Paper

Pages: 192

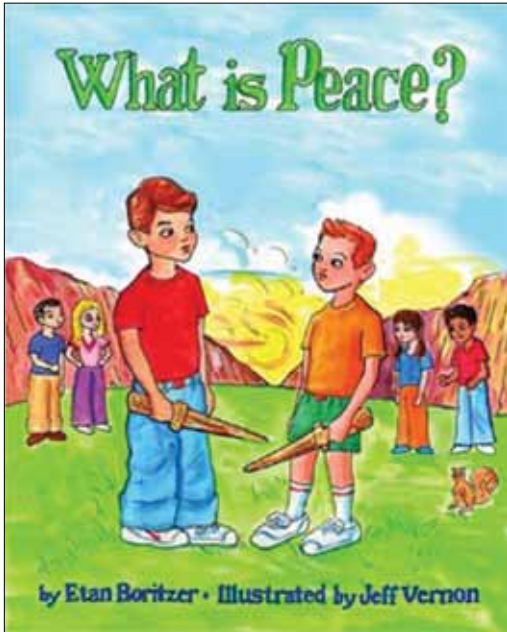


Fitzhenry & Whiteside acknowledges the financial support of the Government of Canada through the Canada Book Fund(CBF) for our publishing activities. Fitzhenry & Whiteside acknowledges with thanks the Canada Council for the Arts, and the Ontario Arts Council for their support of our publishing programs.

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Kids



What is? Series

Etan Boritzer

Etan Boritzer’s best selling children’s book series for kids promotes character education and social values. These books offer parents, teachers and child-life professionals discussion tools which guide children through the difficult issues they confront at various development stages.

Diversity, bullying, nonviolence, sensitivity, self esteem, sharing, money, grief and loss, responsibility, tolerance, fairness, socializing, and conflict resolution are some of the issues children must face in life. The best selling What is? Series of life concepts books for children ages 6 to 10 promote character education and positive social values.

What is Peace?

HC Price: \$16.00

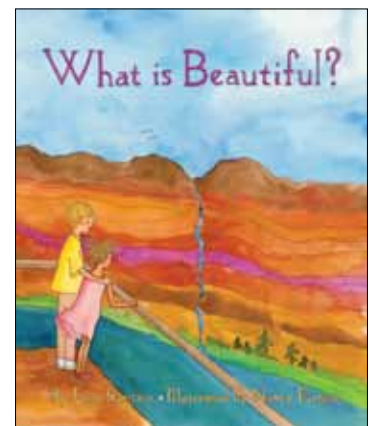
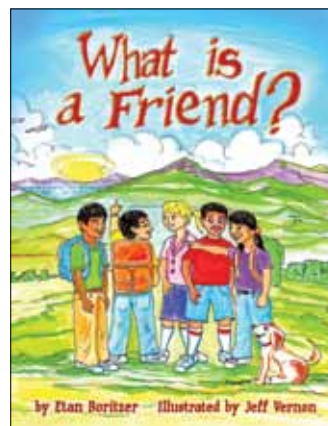
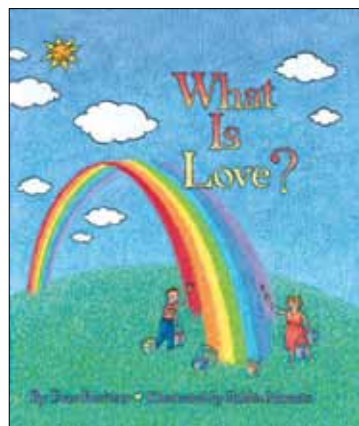
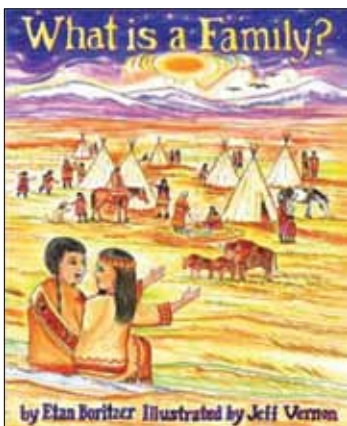
PB Price: \$8.00

HC: 978-0976274346

PB: 978-0976274353

Trim: 8 x 10

Pages: 40



What is a Family?

HC Price: \$16.00

PB Price: \$8.00

HC: 978-0982651315

PB: 978-0982651308

Trim: 8 x 10

Pages: 40

What is Love?

HC Price: \$16.00

PB Price: \$8.00

HC: 978-0963759726

PB: 978-0963759733

Trim: 8 x 10

Pages: 40

What is a Friend?

HC Price: \$16.00

PB Price: \$8.00

HC: 978-0976274384

PB: 978-0976274391

Trim: 8 x 10

Pages: 40

What is Beautiful?

HC Price: \$16.00

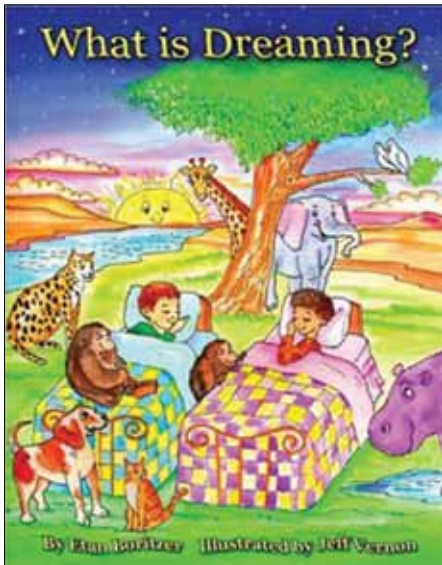
PB Price: \$8.00

HC: 978-0963759764

PB: 978-0963759771

Trim: 8 x 10

Pages: 40



What is Dreaming?

HC Price: \$16.00

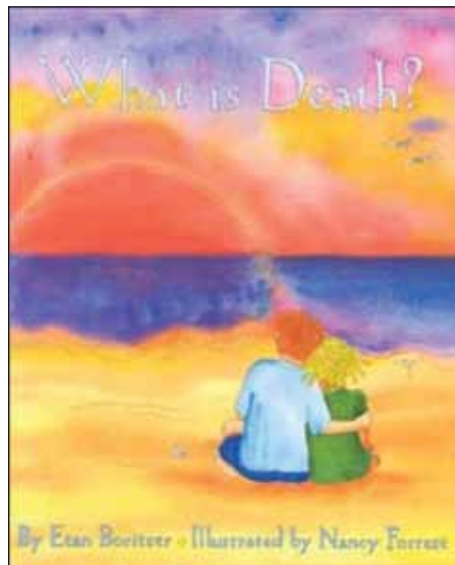
PB Price: \$8.00

HC: 978-0976274377

PB: 978-0976274360

Trim: 8 x 10

Pages: 40



What is Death?

HC Price: \$16.00

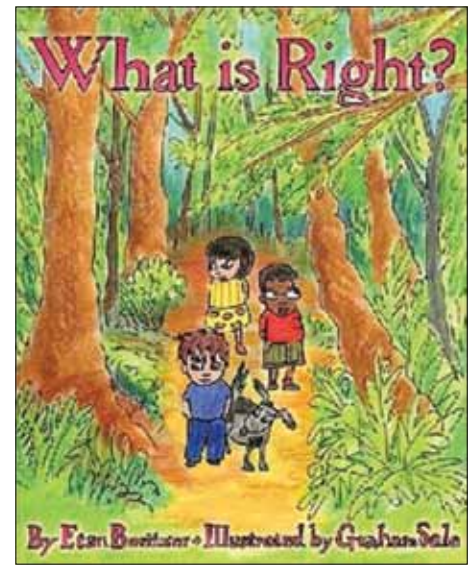
PB Price: \$8.00

HC: 978-0963759740

PB: 978-0963759757

Trim: 8 x 10

Pages: 40



What is Right?

HC Price: \$16.00

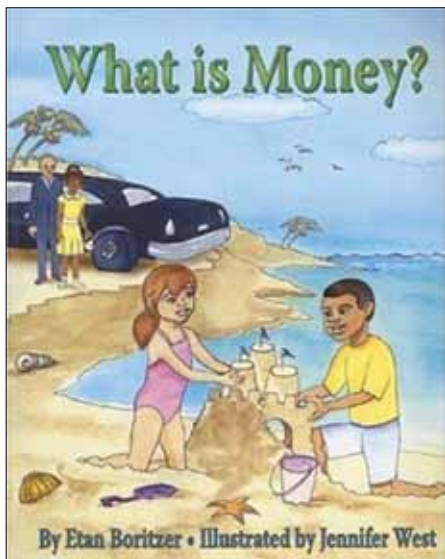
PB Price: \$8.00

HC: 978-0976274315

PB: 978-0976274308

Trim: 8 x 10

Pages: 40



What is Money?

HC Price: \$16.00

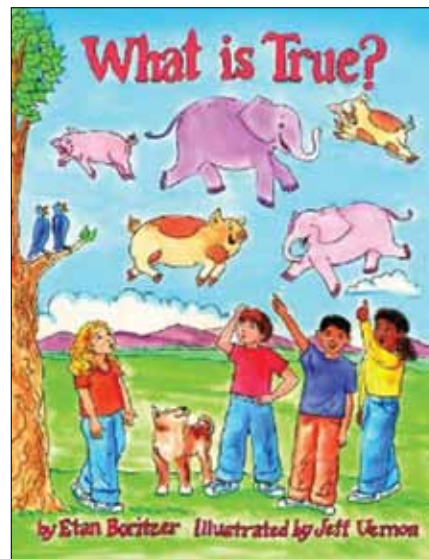
PB Price: \$8.00

HC: 978-0976274322

PB: 978-0976274339

Trim: 8 x 10

Pages: 40



What is True?

HC Price: \$16.00

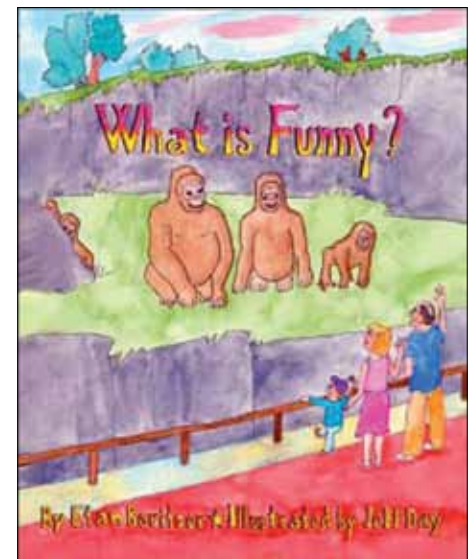
PB Price: \$8.00

HC: 978-0963759702

PB: 978-0963759719

Trim: 8 x 10

Pages: 40



What is Funny?

HC Price: \$16.00

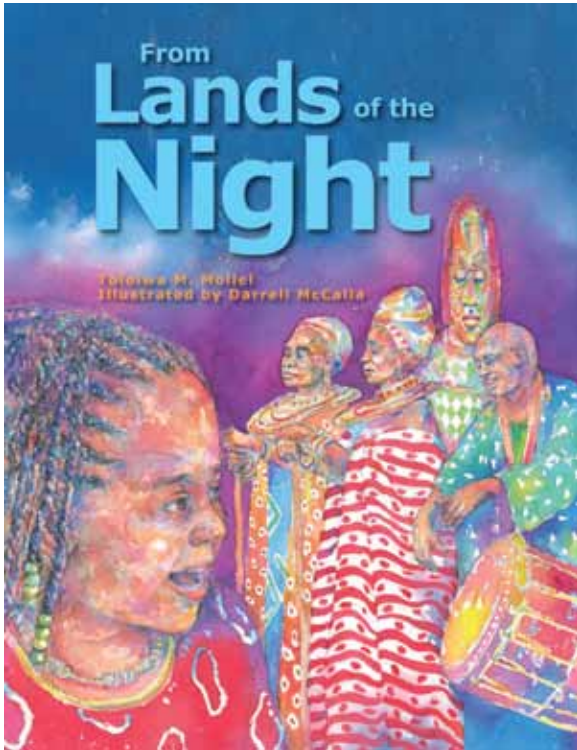
PB Price: \$8.00

HC: 978-0963759788

PB: 978-0963759795

Trim: 8 x 10

Pages: 40



Pub Date: January 2014

Price: \$19.95

EAN: 978-0-88995-498-4

Trim: 8.5 x 11

Format: Hardcover

Pages: 32

From Lands of the Night

Tololwa Mollel

Illustrated by Darrell McCalla

In this story, the young girl Ra-Eli watches as her family agonizes over the illness of her baby brother Samson. When they approach a healer, the answer comes:

“Hold a ceremony to honor your ancestors and ask them to help, a joyful ceremony filled with guests.”

“Joyful?” my mother said. “How can we be joyful at a time like this?”

“A joyful ceremony it must be,” replied the healer. “Nothing less will bring the ancestors from their lands of the night. Let’s seek joy in hope.”

And there follows one of those magical sequences that are found in the traditional tales of East Africa, where Tololwa comes from. First, neighbours and friends come to the event—then angels and finally Mola—God. Music and dancing ensue, and when the exhausted Ra-Eli wakes, Mola hands the now recovered baby to his joyful mother.

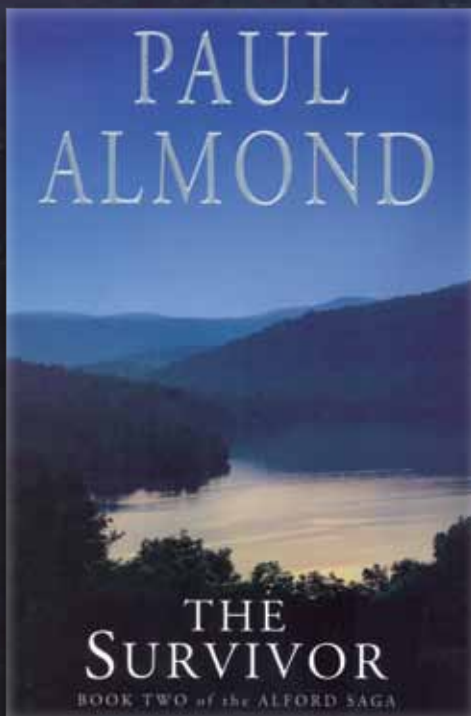
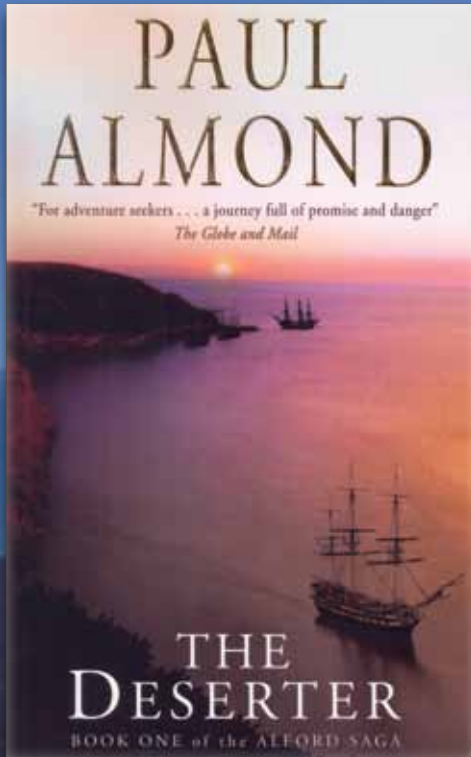
This story is a true testament to the power of ceremony and music and the honouring of ancestors who come from the lands of night.

Tololwa Mollel is a children’s author, dramatist and storyteller who has written sixteen books and several plays as well as stories that he created or adapted for performance. His books include award-winning titles such as *Orphan Boy*, *Rhinos for Lunch*, *Big Boy*, and *My Rows and Piles of Coins*. His books have been translated into various South African languages and into Korean. He lives in Edmonton, Alberta.

Darrell McCalla, graphic designer and artist, grew up in Jamaica, resulting in his use of a vibrant Caribbean-influenced palette of colours. A past graduate of the Leeds College of Art, in Yorkshire, England, McCalla works in acrylics and watercolours and now calls Mississauga, Ontario his home. His works can be found in private collections throughout Canada, USA, and Jamaica.

Adult

200 Years, One Family, Eight Great Adventures



THE ALFORD SAGA

BY PAUL ALMOND

The Alford Saga covers 200 years of history, from 1800 to 2000, and is a series of eight romantic adventure novels based on Almond's own family's pioneering adventures in Canada. This critically acclaimed saga includes *The Deserter*, *The Survivor*, *The Pioneer*, *The Pilgrim*, and *The Chaplain*.

Red Deer Press will be publishing the next three books—the first, set in WWI, *The Gunner*, is to be published spring 2014.

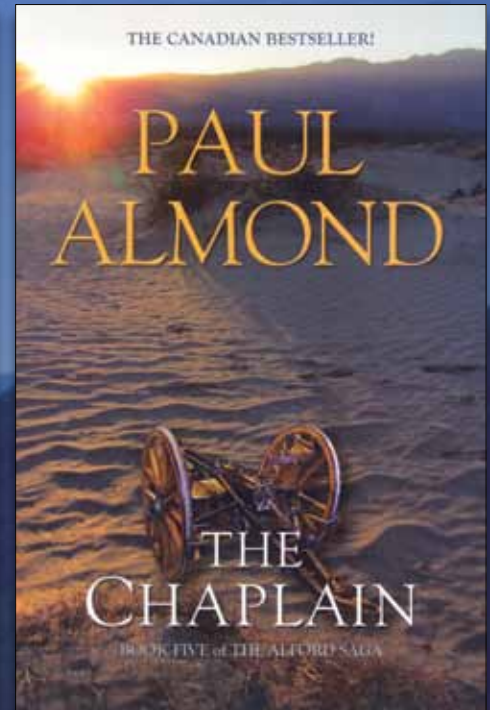
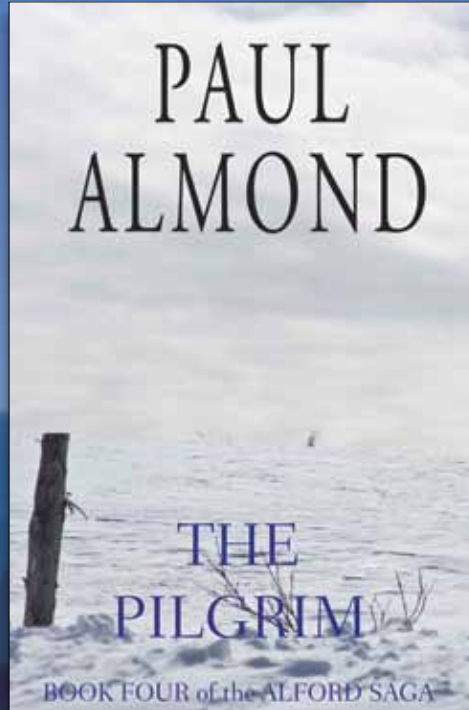
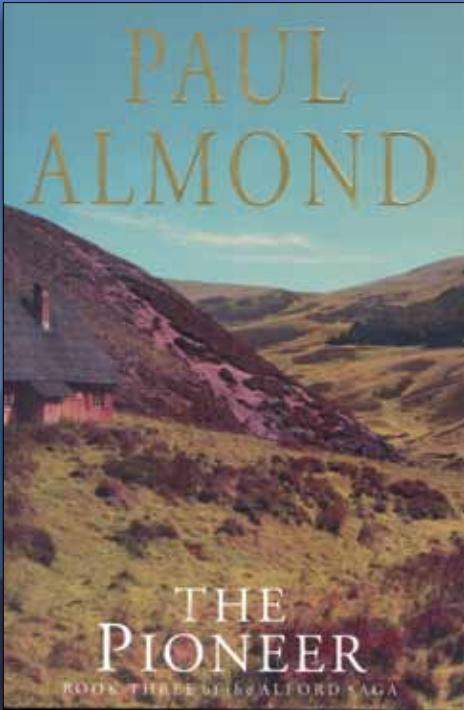
The story of an English sailor, Thomas Manning, starts in the first book as he jumps ship in order to start a new life for himself in Quebec. The series then follows Manning, who changes his name to James Alford, establishing himself in the Gaspé community. Adventure and perseverance is passed down to generations of Alfords, as this settler's family transitions from a rugged pioneering life to the modern world.

Paul Almond, O.C., is one of Canada's preeminent film and television directors. He has directed and produced more than 130 television dramas for the Canadian Broadcasting Corporation, and for the BBC and others in the UK, as well as motion pictures for Paramount and Universal in Hollywood. He was recently appointed to the Order of Canada and received a lifetime achievement award from the Director's Guild of Canada. A storyteller at heart, Almond has now turned his talents to writing. He lives in Malibu, California, and on the Gaspé Peninsula in Shigawake, Quebec.

<i>The Deserter</i>	978-1-55278-977-3	Mass Market	\$10.99
<i>The Deserter</i>	978-1-55278-901-8	Paperback	\$19.95
<i>The Survivor</i>	978-1-55278-967-4	Paperback	\$19.95
<i>The Pioneer</i>	978-1-77087-123-6	Paperback	\$19.95
<i>The Pilgrim</i>	978-1-77087-163-2	Paperback	\$19.95
<i>The Chaplain</i>	978-0-99197-460-3	Paperback	\$19.95

An action-packed, sweeping historical series

The epic drama by celebrated film director Paul Almond



“If you like your Canadian history fast and furious, a crisis on every page, you will enjoy this film-on-paper by director Paul Almond. This story is entertaining and heart-throbbing.”

—*The Globe and Mail* on *The Chaplain*

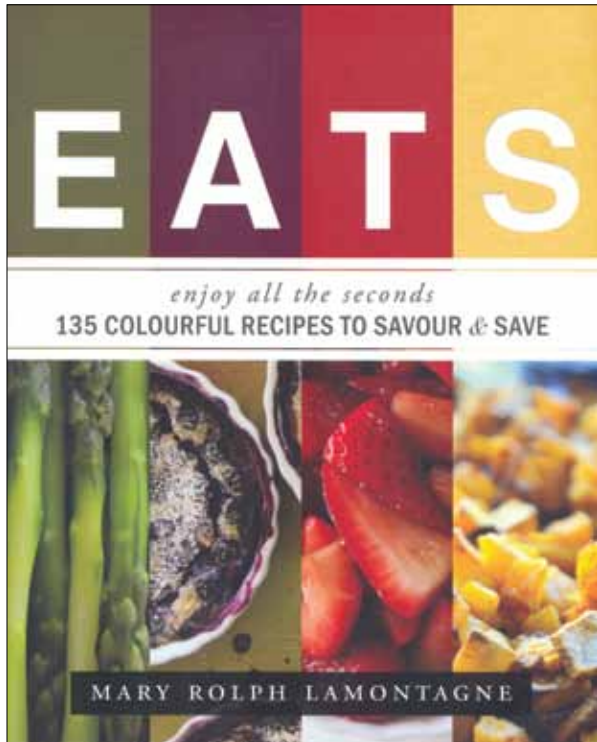
“The Alford Saga may well go on to become one of our more important literary oeuvres, considering both the epic and historical nature of the subject matter, as well as the easily accessible prose style employed by its nationally prominent author.”

—*The Westmount Examiner*



Red Deer Press

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Sarena Brown, Publicist • 905-477-9700 ext. 223 • sarena@fitzhenry.ca



Price: \$29.95

EAN: 978-1-59932-386-2

Trim: 8.5 x 10.5

Format: Paperback with flaps

Pages: 256



EATS

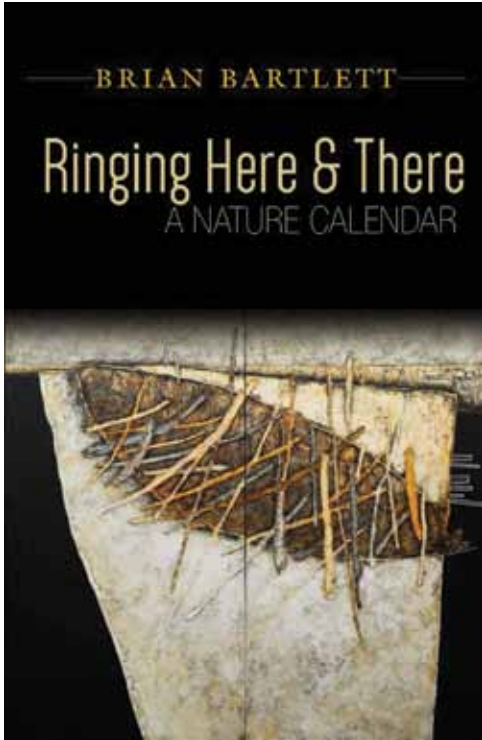
Mary Rolph Lamontagne

- Cut, peel, purée, poach, or freeze 12 different fruits to take full advantage of their flavour
- Roast, steam, bake, braise, sauté, or grate 15 different vegetables to then reinvent them into other recipes
- Learn tips and tricks to use while cooking to reuse food items that might have been thrown out
- Acquire tips on how to buy, why to buy, and how to store 27 different fruits and vegetables
- Pick up green tips on growing fruits and vegetables in gardens or in containers

In addition to a diverse and colourful collection of recipes, *EATS* also provides practical solutions for saving and reusing ingredients to create new meals. Mary Rolph Lamontagne's simple tips on reinventing leftovers will help you eliminate waste, save money, and challenge your culinary creativity.

Mary Rolph Lamontagne has been active in the food industry for the past 20 years. After graduating from Middlebury College in the US, with a BA in Art History, Mary attended the Ritz Escoffier Culinary School in Paris. Married and starting a family, Mary moved back to her hometown of Montreal where she worked as an event planner, as well as a food journalist for a French Canadian magazine. Since arriving in South Africa in 2005, Mary has worked as a food consultant for the Protea Hotel group, as well as for various upscale South African Bush camps.





Ringing Here & There: A Nature Calendar

Brian Bartlett

In his first book of prose, distinguished Canadian poet Brian Bartlett offers a book of days, a daily diary from spring to spring. In the tradition of John Clare's notebooks and letters, Henry David Thoreau's *Walden* and his voluminous journals, and Annie Dillard's *Pilgrim at Tinker Creek*, Bartlett looks out at his local surroundings with a poet's eye for detail, his ear attuned to the ringings of the natural world. Grounded in Nova Scotia, but reflecting travels further afield to Alberta, Nebraska, New York City and Ireland, the entries take on the qualities of field reports, sketches, commentaries, tributes and laments, quotations and collages. Over 366 daily entries, Bartlett shows that the resonance between human life and nature is there waiting to be heard.

Pub Date: March 2014

Price: \$15.00

EAN: 978-1-55455-331-0

Trim: 6 x 9

Format: Paperback

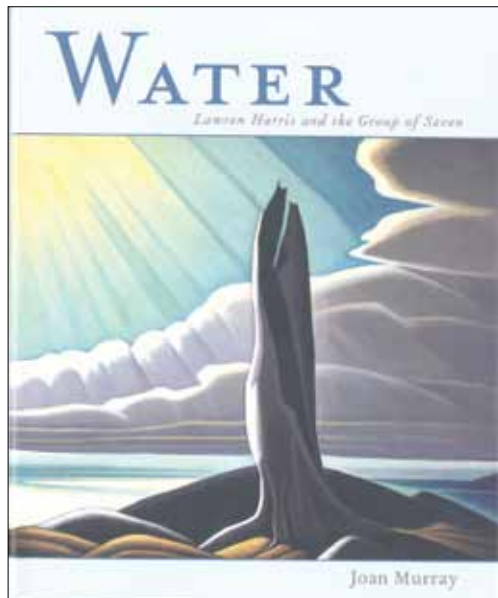
Pages: 160

“Reading Brian Bartlett’s book of days made me want to open my eyes and ears and heart whenever I stepped out the door. He bears witness to a forgotten truth that we could awaken to each morning if we chose: namely, that our days are not faceless units of time to be plied or hoarded like commodities; they are gifts to be received and fostered in the same spirit of lavish grace in which they come to us.”
—Evan Jones

April 1

Walked in cracked sneakers around ancient land outside West Dover, on curvy road to Peggy’s Cove: boggy, twiggy, scattered with giant erratics shoved there by glaciers, now dotted & streaked with lichens. Pitcher Plants starting to rise up, crawling junipers inching along rock, bushes far more plentiful than trees, a few coyote scats threaded with hare fur. Everywhere, golds & browns & rusts.

Now Available from Fitzhenry & Whiteside



Water: Lawren Harris and the Group of Seven

Joan Murray

Water continues Joan Murray's thematic series of art books based on the Group of Seven and introduces fresh material to lend a sense of event.

The book concentrates on these artists' preference for painting "flowing world," often waterfalls, lakes, and rivers. In the formal and emotional potential of water painting, Lawren Harris, Tom Thomson, and the Group of Seven conveyed a portrait of themselves as wilderness explorers like bushwhackers—and of the water as wild.

Theirs was a voyage of discovery, and the book offers an insight into a new type of Canadian artist for the day, as well as offering a deeper understanding of nature and its relation to art-making.

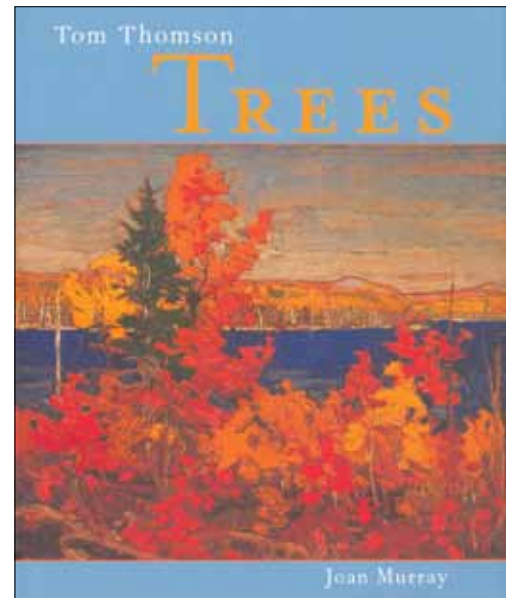
Price: \$19.95

EAN: 9781552784570

Trim: 8 x 10

Format: Hardcover

Pages: 128



Tom Thomson Trees

Joan Murray

The art of Tom Thomson represents one of the highpoints of Canadian modernism, which flourished in the first two decades of this century. During his brief art career, lasting just five years, (1911-1917), Thomson evolved a highly intense, naturalistic style, introducing formal innovations and challenging the idiom of the tonal landscape painters popular in his day. Thomson's idiosyncratic Expressionistic landscape art reflected the intellectual and psychological climate of Canada at the time. It developed against the complex cultural background that produced such important figures as the poets Bliss Carman and Duncan Campbell Scott and later, the Group of Seven.

This beautiful book focuses on one series in his work—trees. The motif had been a favourite of his from the earliest days of his art. From 1914 on, the selection of a single tree as a motif was his way of researching a presenting a new painting place, Algonquin Park.

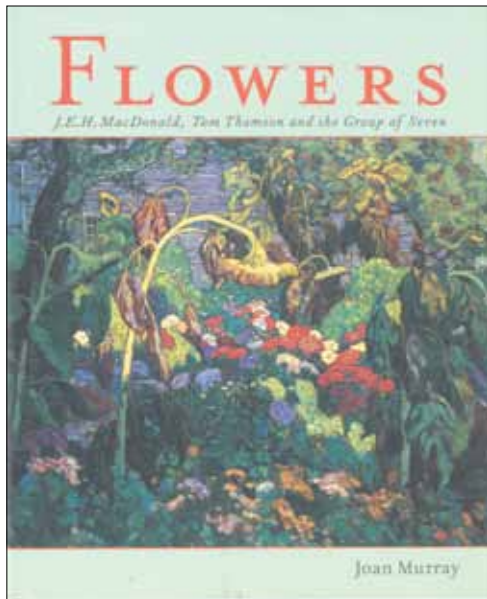
Price: \$19.95

EAN: 9781552780923

Trim: 8 x 10

Format: Hardcover

Pages: 144



Flowers: J.E.H. MacDonald, Tom Thomson and the Group of Seven

Joan Murray

The Group of Seven artists prolific, and their work has proven to be lastingly popular with gallery audiences in Canada and worldwide. In *Flowers*, Joan Murray focuses on the Group of Seven's preference for painting's most intimate motif: often gorgeous flower studies as well as full scale, impressive paintings with their sideways glances towards Post-Impressionists such as Vincent Van Gogh. In investigating the formal and emotional potential of the flower paintings of J.E.H. MacDonald, Tom Thomson and the Group of Seven, Murray is quietly tilling new ground, for the subject has never been examined in depth.

Flowers will make the work of these geniuses accessible rather than simply awesome and convey a portrait of the men themselves as artists who painted wild or garden flowers with precision, sensuality and incipient modernity.

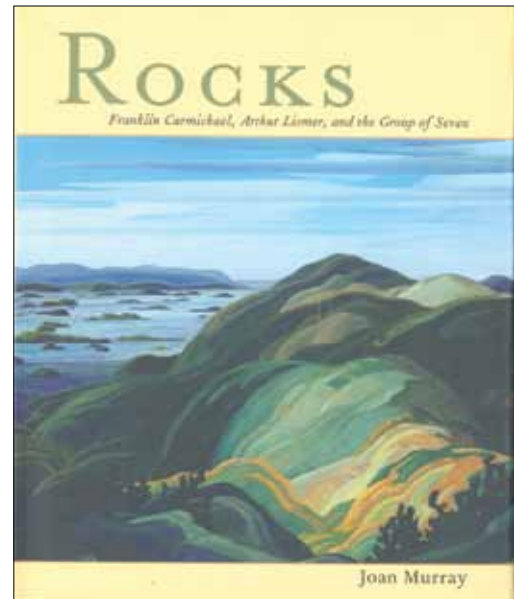
Price: \$19.95

EAN: 9781552783269

Trim: 8 x 10

Format: Hardcover

Pages: 224



Rocks: Franklin Carmichael, Arthur Lismer, and the Group of Seven

Joan Murray

Rocks continues Joan Murray's thematic series of art books based on the Group of Seven, but this time she has chosen to mine a formidable subject, focussing particularly on the images of Canada's natural beauty by Arthur Lismer and Franklin Carmichael.

Murray concentrates on the preference of the Group of Seven for painting tremendous rocks, rocks massive and dense, rocks that were created at the beginning of the world, rocks that compose Canada and have affected Canadians. The Group of Seven were like the rocks themselves, solid men who wanted to create in paint "an everlasting beauty."

Murray has marshalled an impressive group of paintings—some quite well known. Awesome to behold, the rock of Canada posed regally for the Group of Seven, and the paintings in this book convey a strong view of the country's majesty.

Price: \$19.95

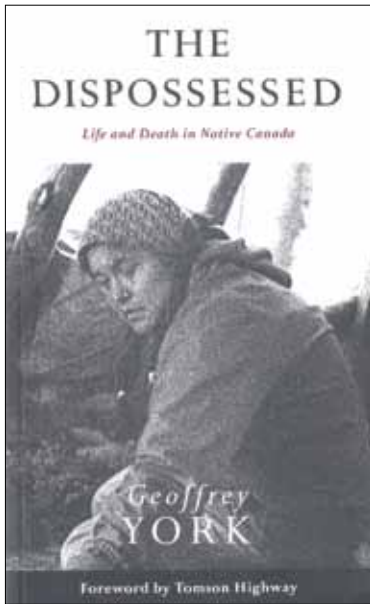
EAN: 9781552786161

Trim: 8 x 10

Format: Hardcover

Pages: 128

Now Available from Fifth House Publishers



The Dispossessed

Geoffrey York

In *The Dispossessed: Life and Death in Native Canada*, Globe & Mail reporter Geoffrey York presents a vivid picture of a tormented community beginning to resist its centuries-old legacy of cultural and physical dislocation. A new postscript written for this paperback edition reflects upon the events of the past year, and their relevance to the growing militancy of Canada's native population.

"The Dispossessed is smashing...This will become the standard book on the state of native issues in Canadian life."

—Clayton Ruby

"Its pages are a litany of pain and suffering caused by decades of neglect and thinly veiled racism."

—Edmonton Journal

"An impressive, angry primer on the legacy a paternalistic society is still imposing on most of Canada's more than 500,000 status Indians."

—Toronto Star

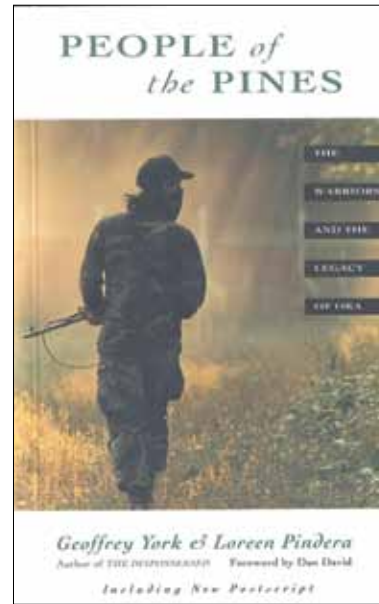
Price: \$14.95

EAN: 9781552780619

Trim: 6 x 9

Format: Paperback

Pages: 291



People of the Pines

Geoffrey York & Loreen Pindera

"This is the book of record on the Oka crisis."

—Montreal Gazette

"People of the Pines offers a gripping, highly readable description of the confrontation between Mohawk Warriors and non-native authority."

—Globe and Mail

"A visceral story with visceral impact, People of the Pines is a bitter slice of Canadiana."

—Calgary Herald

"...a meticulous account of a 78-day standoff that could be called the first war zone in Canada since Riel's North-West Rebellion of 1885."

—Vancouver Province

"The authors miss nothing ...[they] have done an historic service in as much as they have written with great care and authority on a subject that will engage historians for as long as there are scholars to struggle with the full meaning of these events of the summer of 1990."

—Winnipeg Free Press

Price: \$17.95

EAN: 9781552780602

Trim: 6 x 9

Format: Paperback

Pages: 459



ELIZABETH DAVID

2013 IS THE CENTENARY OF HER BIRTH



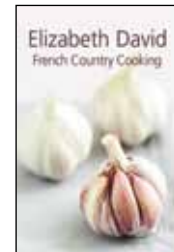
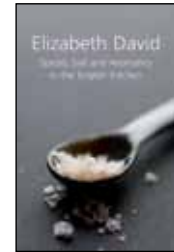
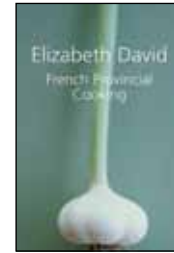
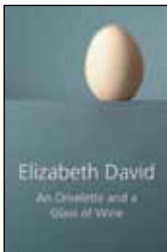
With new glossy, oversized cookbooks appearing on the market almost every week could there ever be a more appropriate time to consider the words of Jane Grigson when she said 'Every time we begin to feel fussed by the cookery elaborators with their flashy tricks and colour photos, we can restore our confidence by returning to Elizabeth David,' – especially in this the centenary of her birth.



Her life was remarkable and her legacy astonishing. Her brilliant writing stems from a genuine love of food and an intellectual interest in how and why it is prepared. For her food and living were inseparable. Drawing on dishes she had eaten and learned from cooks in France, Italy, Greece and North Africa, her books are evocative pieces of travel writing, creating an instant connection with the places she had visited, and hence her recipes are like a diary and have stood the test of time. Practically all of today's serious food writers have acknowledged her influence (and continue to do so).

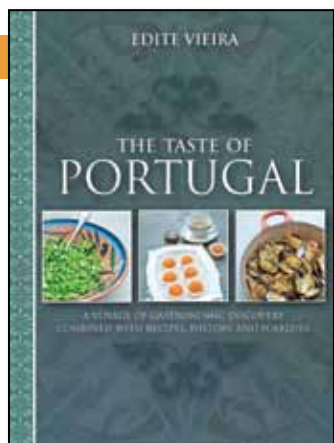


Grub Street is delighted to be the publisher of all her major works in beautiful hardback editions as befits a peerless writer who demands to be read time and time again and whose books continue to delight generations of cooks.



'Her books and articles persuaded her readers that food was one of life's great pleasures, and that cooking should not be a drudgery but an exciting and creative act. In doing so she inspired a whole generation not only to cook, but to think about food in an entirely different way.'

Auberon Waugh



THE TASTE OF PORTUGAL

EDITE VIEIRA

ISBN 978-1-908117-40-3 • \$34.95 hb
240pp • 246 x 189mm • Full colour throughout

PREVIOUSLY ANNOUNCED NEW ILLUSTRATED EDITION

It is amazing that in these times of passion for food from every corner of the globe, the cooking of Portugal remains unexplored by so many, especially given its vibrant flavours and simple domestic style.

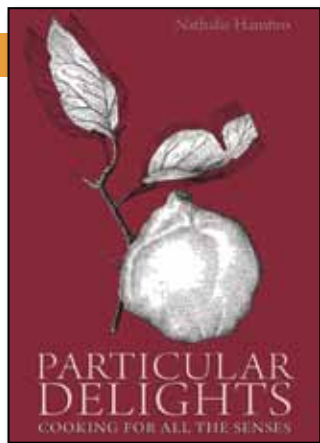
In this authoritative and fascinating book, Edite Vieira traces the rich legacy of her country's culinary excellence from medieval through to modern times lacing it with history and anecdote and a collection of authentically delicious recipes. From simple and wholesome peasant fare to elaborate celebratory meals, ingredients include salt cod (bacalhau) in all its myriad variations, cumin and oranges both remnants of the voyaging past, and green coriander, the

main flavouring herb; essentially the food is the food of a country which grows grapes, peppers, melons, quinces and apples, and few other countries have such a repertoire of pork dishes. Fresh pork is much in evidence as well as ham (presunto), pork and red pepper sausages (chouricos) and black pudding (morcela), all foods very much in present vogue.

Edite Vieira was born in Portugal. In 1964 she moved to London where she worked for the BBC as a radio journalist and programme announcer in Portuguese. She is the author of many books including a collection of poetry.

'EVERYTHING YOU NEED to know to appreciate Portugal's DELICIOUS food.'
The Times

'*The Taste of Portugal* intrigues, TANTALISES – and gets you straight into the kitchen.'
Paul Richardson, author of *A Late Dinner: Discovering the Food of Spain*



PARTICULAR DELIGHTS

COOKING FOR ALL THE SENSES

NATHALIE HAMBRO

ISBN 978-1-908117-39-7 • \$24.95 hb

208pp • 198 x 129mm • Two colour throughout

First published in 1981 to great critical acclaim and winner of a prestigious Glenfiddich Award that same year, *Particular Delights* is reissued in a newly designed edition but retains the delightful line drawings by Thao Soun from the original edition.

Packed with original ideas and unusual flavour combinations, it is a book about the art of eating, as much as the art of cooking. The author has experimented to create recipes which are imaginative and adventurous but believes that the beauty of natural ingredients is that they speak for themselves. Who could resist trying Sun on a Cloud, Rainbow Omelette, Parmesan Puffs, Devils in Overcoats, Courgette and Coconut Soup, Steamed Mouli with Watercress Mayonnaise, Aubergines Confites, Nasturtium and Avocado Salad, Smoked Tea Ice Cream with Crystallised Mint leaves or Chocolate Decadence. There are over

150 recipes divided into sections on cheese dishes, egg dishes, grain, seeds and nuts, fish, poultry and game, soups, vegetables, salads, fruits and flowers, puddings, tea time, the still room and drinks, all designed to appeal to all our five senses.

Nathalie Hambro was a contributing editor to British *Vogue* and *Elle Decoration*; and has worked regularly with the *Sunday Times Magazine*. In 1998 her book *The Art of the Handbag* won the McNaughton award for its design and photographs; her works are in the permanent collections of the V&A museum. In 2006, Nathalie launched, to coincide with Frieze Fair, her new book *My London*, about people and places. For the last few years she has been producing her online ART DIARY, and is currently art consultant for auction house Phillips de Pury. She also works as an independent curator.

‘This book SHINES like a gem in a dark corner’

The Times

‘...a LITTLE GEM of a book’

Nigel Slater, *The Observer*



FIVE FAT HENS

THE CHICKEN AND EGG COOKBOOK

TIM HALKET

ISBN 978-1-909166-09-7 • \$22.95 pb
324pp • 240 x 148mm • Two colour throughout



NOW IN PAPERBACK

'I was born at home in time for lunch – the doctor lured me out with a cold roast chicken sandwich. Dad had just popped downstairs to make up a few rounds – one for the doctor, another for the midwife and one for himself. Mum was busy...' So says Tim Halket in the Introduction to his engaging and original book, *Five Fat Hens*.

A love of eating and good ingredients led Tim to build a hen house in the corner of his garden for a daily harvest of fresh eggs. His take on the role of keeping chickens is amusing and insightful but this book is more than just a DIY guide to keeping a few free range birds, or a new slant on a chicken-themed cookbook. Much in the style of Nigel Slater's *Kitchen Diaries* it takes the reader through an entire year, month by month, skilfully combining the author's passion for cooking in diary form interwoven with his recipes,

his thoughts and observations and with the premise that even the smallest garden can be home to a supply of the freshest eggs imaginable.

Tim is neither a trained chef nor a small-holding farmer, his recipes draw on his real experience in the kitchen and he reproduces food that he enjoys cooking on a daily basis for his family and friends. He ranges from the highly original such as *Duelos y Quebrantos* and *Persian Chicken Supper* through variations on everyday Italian or French classics to simple and comforting nursery food.

This timely book passionately describes an appealing style of life and will inspire all food lovers whether they intend to keep chickens or not.

'There is so much here that you want to eat...
For food lovers everywhere...a pleasurable and fascinating read.'

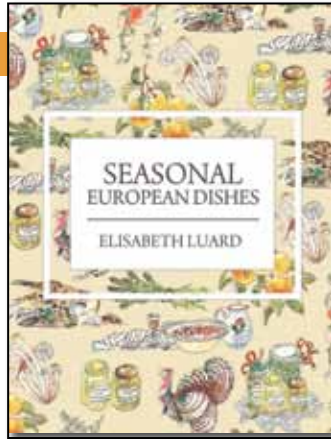
Caterer & Hotelkeeper

'Halket delivers a delightfully idiosyncratic month-by-month account...The writing style is easy going and illuminating – and the recipes are gorgeous.'

Elisabeth Luard, The Oldie

'Quirkily original cookbook'

BBC Good Food Magazine



SEASONAL EUROPEAN DISHES

ELISABETH LUARD

ISBN 978-1-908117-43-4 • \$25.95 pb
344pp • 246 x 185mm • Two colour throughout

NOW IN PAPERBACK

WINNER OF THE 2007 GLENFIDDICH AWARD FOR
BEST COOKERY WRITER AND THE GLENFIDDICH TROPHY

From all over Europe from Scotland to the Mediterranean, from Hungary to Cornwall, Elisabeth Luard has collected descriptions of traditional feasts and festivals – many of which she has experienced first hand – and hundreds of recipes for the dishes appropriate to them. As well as being a unique and wonderfully readable cookery book, *Seasonal European Dishes* (originally published under the title of *European Festival Food*) is written with the scrupulous attention to detail and authenticity that is the hallmark of Elisabeth Luard's cookery writing, with recipes peppered with hundreds of fascinating anecdotes and little known facts about local history and folklore.

Starting with December the book is organized according to the months of the year and so it importantly also reminds us of the cycle of seasonality that is now once again regarded as the natural and much more enjoyable way to shop and eat.

Elisabeth Luard is an award-winning food writer and a winner of the much coveted Glenfiddich Trophy. In the 90s she covered regional cooking in Britain for *Country Living* and was the food columnist of *The Scotsman* and *The Telegraph*. She is now the food columnist for *The Oldie* and a contributing editor to *Waitrose Food Illustrated* as well as many national newspapers.

'Luard's writing is elegant and her food is always excellent.'

The Times

'This book is a must for anybody interested in the history and folklore of the festivities and food the other side of the Channel. It is full of reliable information, fascinating anecdotes and excellent recipes.'

Anna del Conte



EAT SMART EAT RAW

KATE MAGIC

ISBN 978-1-909166-06-6 • \$25.95 pb
160pp • 240 x 170mm • Full colour throughout

NEW EDITION IN FULL COLOUR

It is 10 years since Grub Street published the first edition of this book and since then it has never been out of print. Now the author has revised and updated her original and most successful raw food book and it appears for the first time in full colour.

In the years since the book first appeared, raw foods have been more popular as people discover their tremendous healing and health-giving benefits. However raw foodism is more than just the latest dietary fad; historically, many cultures and religions have placed value on the eating of 'living' foods, and proponents have been helping others overcome life-threatening diseases since the early 20th century.

Many who are new to the diet may imagine that eating only uncooked foods would be restrictive and boring, but this is far from the case. There is a wealth of fruit, vegetables, nuts, seeds, and sprouts to discover and use, and with the use of equipment

such as a juicer and dehydrator, a whole host of ways to prepare them.

This book includes almost 150 recipes, some of which allow the occasional non-raw ingredient to reflect the author's non-proscriptive attitude to a raw food life-style, in order to encourage those who may not want to go the whole way but are interested in incorporating something new into their existing diet. This book is ideal not only for those who want to adhere to a raw food diet but also for those who may simply wish to embark on a week or two of detoxifying.

Kate Magic, the author, is a former editor of *Fresh*, the magazine of the raw food network in this country, and has been a raw foodist since 1993. She was inspired to commit to the diet when she saw the huge improvement in her well being, on all levels and feeds her family almost exclusively raw foods.

'...excellent book for basic information and recipes...'

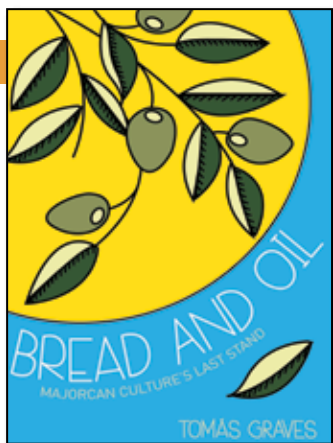
Vogue

'This book has shown how wrong it is to think that a raw food diet must be difficult to follow'

The Guardian

'This book changed the way I view food and sparked an incredible journey'

The Green Parent



BREAD & OIL

MAJORCAN CULTURE'S LAST STAND

TOMÁS GRAVES

ISBN 978-1-909166-16-5 • \$18.95 pb
240pp • 198 x 129mm



NOW IN PAPERBACK

Coarse bread rubbed with tomato or garlic and then bathed in olive oil, is common to all the Mediterranean cultures. On the island of Majorca, it is known as *pa amb oli*, bread and oil. Tomás Graves takes this healthy peasant staple as a starting point to explore not only Mediterranean cooking, agriculture, and traditions but also the historical events that have rescued this simple dish from disappearing along with a way of life that had remained essentially unchanged since Roman times.

In *Bread & Oil* Tomás Graves celebrates the Majorcan character as reflected in its eating habits. He makes the sights, sounds, scents and people of the Spanish island spring to life so brilliantly in this creative triumph. Part adventure, part history book, part travelogue, part restaurant guide and part cookbook, the reader is charmed throughout. Recipes reflect the indigenous ingredients; wrinkled olives made with olive oil, lemon juice and crushed garlic; fried sardines topped with

sautéed onions and marinated in vinegar served cold with bread and oil, and guacamole with tomatoes and onions.

Originally published as *Volem pa amb oli* in the native Catalan language of the Balearics, this new, revised and updated English-language edition of Graves' book offers an informative guide not only to an overlooked culinary tradition, but also to the immense cultural transition that's changing the face of Europe.

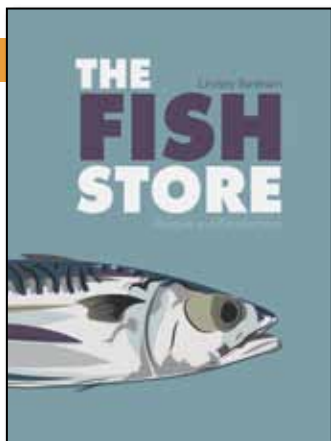
Tomás Graves, son of celebrated British poet Robert Graves, was born and raised in Majorca, where he still lives. He is a master craftsman of typographic design and letterpress printing and he also plays in a rock band. He is the author of two other books *A Home in Majorca: A Practical Guide to the Traditional House and Rural Life* and *Tuning Up at Dawn*, which was serialised on BBC Radio Four as Book of the Week.

'A beautifully written book...**MORE THAN JUST RECIPES**, this book describes the island's history, traditions, diet and agriculture but with a fresh approach...'

Yes Chef!

'...an **UNUSUAL** and **VALUABLE** book, fascinating and unputdownable.'

Elisabeth Luard



THE FISH STORE

RECIPES & RECOLLECTIONS

LINDSEY BAREHAM

ISBN 978-1-909166-08-0 • \$25.95 pb
400pp • 240 x 170mm

When her sons inherited their father's childhood home in a Cornish fishing village, once a commercial building for storing and packing pilchards, Lindsey Bareham thought it would be a nice idea to record some of the recipes and memories of this extraordinary place. It started as a notebook for her sons' eyes only, with lists of favourite ways of cooking mackerel, monkfish and sole and how to make mayonnaise to go with the gift of a handsome crab or crayfish, but then it took on its own momentum and became this very special book, full of recollections and anecdotes and fabulous holiday food.

Although the setting is of course English, Bareham's recipes take in influences from all over the world, including Portugal (Portuguese Cabbage Soup with Rosemary Bruschetta), Italy (Red Mullet Wrapped in Parma Ham with Garlic and Rosemary) and Turkey (Spiced Aubergine Salad with Cumin). Nor, despite the location, are her recipes completely devoted to matters piscine. Chapters on eggs, chicken, lamb, vegetables and, of course, puddings, sit alongside a wonderful collection of recipes for fish of all kinds.

'To read on a wet, windy day when fish pie seems the answer to life's problems – Lindsey Bareham's beautifully written memoir with ace recipes and nostalgic pix...'

Mail on Sunday

'Lindsey's recipes are reliable and useful, what better qualities? The book is not so much a fish cookery manual, but more a gathering of recipes (many of which are for fish) that have been cooked in this house....'

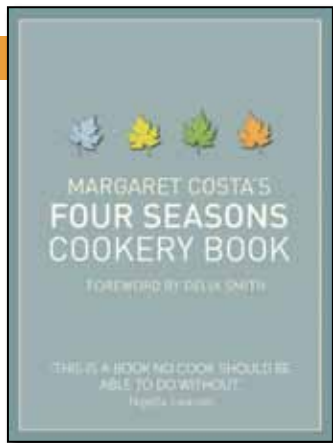
Petits Propos Culinaires



Also by Lindsey Bareham

'If you want to know how to stuff the things, roast them, turn them into sauce or salads or sandwiches, this is your one-stop shop.'

The Spectator



FOUR SEASONS COOKERY BOOK

MARGARET COSTA
FOREWORD BY DELIA SMITH

ISBN 978-1-909166-14-1 • \$25.95 pb
364pp • 246 x 185mm • Four-colour line illustrations



NOW IN PAPERBACK

First published in 1970 and re-issued by Grub Street for the first time in 1996, the new edition hit the bestseller lists and went on to sell over 20,000 copies and its reappearance was praised by contemporary cookery stars like Nigel Slater, Delia Smith and Simon Hopkinson. Also in that year Margaret Costa was honoured at the prestigious Glenfiddich Awards.

Margaret Costa came to prominence by replacing Robert Carrier as the *Sunday Times* cookery writer, and although this was her only significant book, it's hugely influential and was named by *Observer Food Monthly*

as recently as 2010 as one of the Top 50 Cookbooks of All Time.

The book has stood the test of time and indeed many of those writers who praise her also admit that they have taken their inspiration from her wonderful writing. The book is organized according to the seasons, and within each one there are also themed chapters such as Olives, Comforting Breakfasts or Proper Puddings. This is a modern classic which no cookery collection should be without.

All royalties go to the Alzheimer's Society.

'If I had to choose only one book to cook from for the rest of my life IT WOULD BE THIS ONE.'

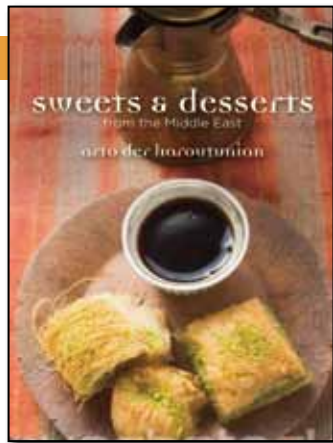
Nigel Slater

'This is a book NO COOK SHOULD be able to DO WITHOUT.'

Nigella Lawson

'...it's with love and gratitude that I am privileged to commend this UNIQUE and WONDERFUL book...'

Delia Smith



SWEETS & DESSERTS FROM THE MIDDLE EAST

ARTO DER HAROUTUNIAN

ISBN 978-1-909166-07-3 • \$29.95 hb
224pp • 240 x 170mm • Full colour throughout

All Arto der Haroutunian's twelve cookbooks written in the 1980s became classics; it was his belief that the rich culinary tradition of the Middle East is the main source of many of our Western cuisines and his books were intended as an introduction to that tradition.

His *Sweets & Desserts of the Middle East* is regarded as the seminal work on the subject but it has been out of print for almost thirty years. At last here in a new edition is the Middle Eastern cookbook that everyone wants.

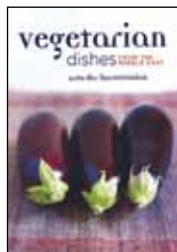
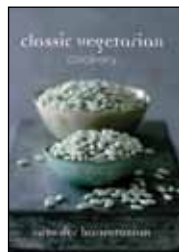
In this book he takes us on a sumptuous and erudite tour of one of the delights of Middle Eastern cuisine. Sweets and desserts occupy a special place in those lands where natural food resources can sometimes be limited. The people have made supreme the art of creating delights from very little and in doing do have enriched their world with wafer-thin

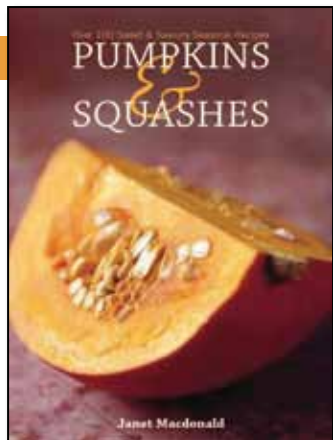
pastries, luscious halvas, crunchy biscuits, exotic fruits and cool refreshing sorbets.

Many Middle Eastern desserts are very sweet (literally soaked in honey or syrup) and yet their variety is infinite. It reflects the multifarious origins and races of the people of the region and combines ancient traditions and modern influences. One basic sweet may have been adapted in a dozen different ways.

Tantalisingly fragrant, sweet and succulent or dry and spiced with the aroma of the East they transport us as if by magic carpet to the exotic lands of the orient. There are recipes for sesame and date baklavas, almond and pistachio coated biscuits, tempting stuffed fruits, rich mousses, delicate sorbets and syrups, jams and preserves, all of which may tempt you to conjure up these Middle Eastern delicacies in your own home.

ALSO BY ARTO DER HAROUTUNIAN





PUMPKINS AND SQUASHES

OVER 100 SWEET & SAVOURY SEASONAL RECIPES

JANET MACDONALD

ISBN 978-1-908117-16-8 • \$22.95 pb

176pp • 246 x 189mm • Two colour throughout

NOW IN PAPERBACK

Everyone knows and loves the traditional pumpkin – plump and golden carved into a Halloween lantern – and perhaps you’ve prepared a pumpkin pie or a thick pumpkin soup but in the last few years other more interesting and varied varieties such as patty pans, kabocha, butternut, acorn and spaghetti squashes have become available from farmer’s markets and allotment gardeners.

For all those cooks who have wondered what to do with these glorious new vegetables, or those who simply want some inspirational ideas for the good old pump-

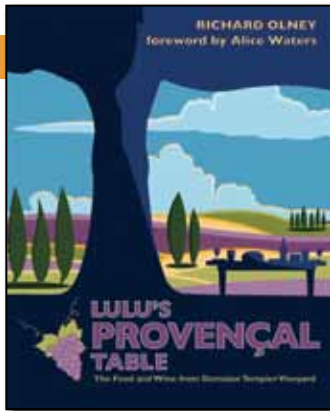
kin or what to do with that glut of courgettes; here are the recipes. From Pumpkin and White Bean Soup to Minted Courgette Soup, from Squash Couscous to Courgette Bread, from Spicy Pumpkin, Rum and Raisin Ice Cream to Pumpkin wine, there are over 100 easy-to-prepare dishes such as stews, pasta sauces, pickles, relishes, cakes, breads, quiches, biscuits and jams, to take you through the entire year.

For those enthusiasts who like to grow their own produce there are cultivation instructions and seed sources as well as advice on picking, storing and a guide to varieties.

‘The **ULTIMATE** book on pumpkins and squashes.

Many **TASTY** and **UNUSUAL** recipes.’

BBC Good Food Magazine



LULU'S PROVENÇAL TABLE

RICHARD OLNEY
FOREWORD BY ALICE WATERS

ISBN 978-1-909166-18-9 • \$29.95 hb
176pp • 246 x 189mm • Two colour throughout

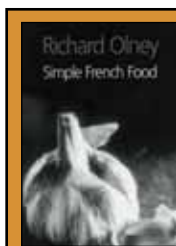
Richard Olney – responsible for the legendary *Time-Life* cooking series as well as other cooking classics such as his wonderful *Simple French Food* (also published by Grub Street) – moved to Provence in 1961 and had the good fortune to befriend Lulu and Lucien Peyraud, the owners of the noted Domaine Tempier vineyard in Provence, not far from Marseilles.

Lulu's Provençal Table tantalizes the reader with Olney's descriptions of the regional food served as the vineyard meals at the domaine. Then he lovingly transcribes Lulu's recipes. She has an empathy with and understanding of Provençal ingredients that is inspirational. There is succulent Pot-Roasted Leg of Lamb with Black Olives served with Courgette Gratin, and

Potato and Sorrel Gratin, delicious with just six ingredients. There are plenty of simple recipes, but the recipe for bouillabaisse is a fascinating 10 pages long.

Her 150 recipes read like a roll call of the best of Provence – tapenade, anchoiade, brandade, pissaladière, bagna cauda, sardines grillées, bouillabaisse, bourride, daurade au fenouil, daube, gigot à la ficelle and ratatouille. Starting with aperitifs and amuse-gueule and finishing up with fruit desserts, hers is classic French country cooking, featuring everyday ingredients cooked with respect for their nature and flavour.

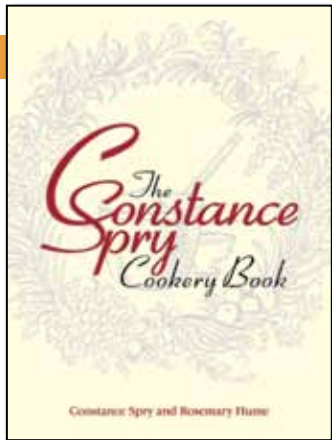
This is an essential book for any serious food lover's library.



Also by Richard Olney

'For twenty years Richard Olney's Simple French Food has been one of my greatest sources of inspiration for cooking at Chez Panisse.'

Alice Waters



THE CONSTANCE SPRY COOKERY BOOK

CONSTANCE SPRY & ROSEMARY HUME
ISBN 978-1-909166-21-9 • \$69.95 hb in a slipcase
1069pp • 246 x 185mm • 16 pages line drawings

DELUXE EDITION FOIL EMBOSSED IN A SLIPCASE

In 2011 Grub Street published a beautiful, elegant, newly designed, updated and metricated edition of *The Constance Spry Cookery Book* with specially commissioned line drawings; the first new edition since its publication in 1956.

Because *The Constance Spry Cookery Book* is now an established classic and a timeless treasure which has stood the test of time and is the most requested cookery book on wedding gift lists, we are producing for the first time in the book's history a deluxe slipcased edition with foil embossing on the cover and with the pages colour-tipped.

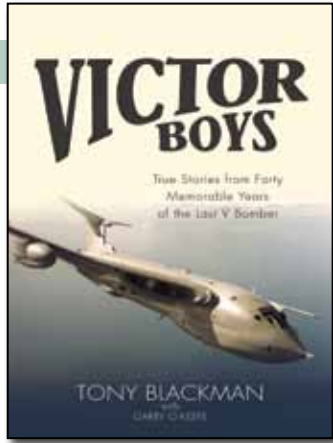
It is one of the kitchen bibles, worshipped by millions. Known for its authoritative and comprehensive collection of recipes,

this is an essential addition to any kitchen and has become an invaluable source of information for every enthusiastic cook.

Published in 1956, when both Constance Spry and Rosemary Hume were among the greatest names in cookery writing, it took three years to produce. Their aim was to offer a supremely practical book with chapters covering kitchen processes, soups and sauces, through vegetables, meat, poultry and game to cold dishes and pastry making. In fact everything every cook, or aspiring cook, would need to know.

That the book has been so popular for over half a century is a true testament to how successfully they achieved their aim.

Selected as one of the **GREATEST COOKBOOKS OF ALL TIME**
in *Waitrose Food Illustrated* and *Observer Food Monthly*.



VICTOR BOYS

TRUE STORIES FROM FORTY MEMORABLE YEARS OF THE LAST V BOMBER

TONY BLACKMAN

ISBN 978-1-90811-745-8 • \$34.95 hb
198pp • 234 x 156mm Approx 30 colour & 30 b/w photos
World Rights: Grub Street

The Handley Page Victor was the third of the three V Bombers and the most long lasting, serving in the RAF until 1993, and still doing invaluable service in the first Iraq war. Moreover, in 1982 it was only the Victor tanker fleet based on Ascension Island that made possible the Vulcan Black Buck bombing of Port Stanley airfield and the long-range reconnaissance of Argentina by Nimrods.

Victor Boys tells the story of all the great things that were achieved, recounted first hand by the operators themselves, aircrew and ground crew. Starting with accounts by test pilot Johnny Allam, who undertook the major development of the aircraft, through its work as a nuclear bomber during the cold war, testing Blue Steel in Australia, to its su-

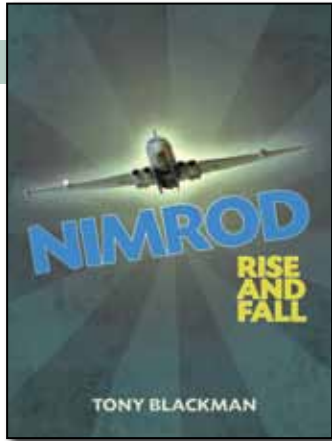
perb performance during the Falklands war and later as a first class air-to-air refuelling tanker and vital support tool for fighters and other aircraft.

Published to coincide with the Victor's 60th anniversary, the gripping text is superbly illustrated with photographs from the operators themselves, never released before.

The stories are collated and set in context by Tony Blackman, ex chief test pilot of Avros who helped develop the Vulcan and initiated the development of the Victor K2 tanker. For him, initially, the Victor seemed a competitor but he now readily admits what a wonderful aircraft the Victor became.

Also By Tony Blackman





NIMROD RISE AND FALL

TONY BLACKMAN

ISBN 978-1-90916-602-8 • \$22.95 pb • 224pp
240 x 170mm • 4 colour throughout, over 140 photos
World Rights: Grub Street

NOW IN PAPERBACK

The scrapping of the Nimrod programme has been one of the most controversial events in the military aviation world for many a year.

For most of its operational life, from 1969 to date, its contribution to the defence of the realm and its role in offensive duties was, of necessity, often shrouded in secrecy. It was the 'eye in the sky' which was absolutely vital to a host of activities - from anti-submarine and anti-surface warfare, to support of land battles throughout the world, to the Falklands campaign, to combating drug-running, the Nimrod's unsung role was paramount.

And now the UK is bereft of such a multi-

tasking reconnaissance aircraft.

The full story of the Nimrod, and its significance, has now been told. Tony Blackman, who was there at the beginning, test-flew nearly every aircraft and was at Kinloss on the very day the project was cancelled, has written this timely book, covering every facet of its history, its weapons system developments and its tragic accidents. He writes in an approachable way, making technical subjects understandable but his conclusions will, inevitably, not be welcomed by everyone.

A must for all those interested in our modern air force.

"In this riveting account Blackman charts the development of this awesome craft, the terrible mistakes and accidents, but also its triumphs."

Catholic Herald

"This extremely detailed and well-illustrated book takes a fond look back at the aircraft's genesis and long career."

Flypast

"Tony Blackman knows what he is talking about."

Aeroplane



STUKA ATTACK!

THE DIVE-BOMBING ASSAULT ON ENGLAND DURING THE BATTLE OF BRITAIN

ANDY SAUNDERS

ISBN 978-1-908117-35-9 • \$34.95 hb • 192pp • 240 x 170mm
Illustrated throughout • World Rights: Grub Street

The Junkers 87 Stuka was an iconic weapon of World War Two and an aircraft name that was, and still is, instantly recognised worldwide. Its roles in Poland and the Battles of France and the Low Countries are almost legendary, but in the UK its import during the Battle of Britain is one that has never been covered in any specific detail.

Here, Andy Saunders takes a critical look at every operation by Ju87s against British targets

in 1940 - including those on land and at sea. Each raid is charted, covering all aspects of the attacks including participants, defending RAF fighters and those on the receiving end.

Myth and reality and truth and legend are all examined and analysed in this highly illustrated new book, which adds to our knowledge of one of the most significant periods in British history.

Foreword by Dr Hans Migeod, Ju87 Stuka pilot during the Battle of Britain.



FINDING THE FEW

SOME OUTSTANDING MYSTERIES OF THE BATTLE OF BRITAIN INVESTIGATED AND SOLVED

ANDY SAUNDERS

ISBN 978-1909166-01-1 • \$22.95 pb • 192pp • 246 x 170mm
b/w Illustrations throughout • World Rights: Grub Street

NOW IN PAPERBACK

1940 in the skies over Britain was a time of courage, heroism and extreme danger. Many men gave their lives to keep our island free and some disappeared into the sky with no trace of them ever being found.

This remarkable book records the life of a dozen of these pilots shot down and killed but who remained missing for decades until

diligent research and searches primarily by the author brought identification to them and closure to their families.

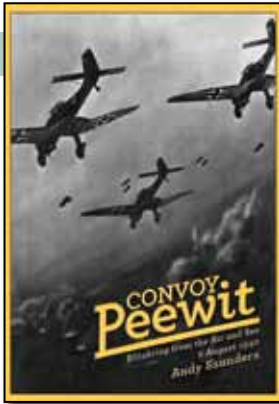
Each case represents a fascinating human story of humour, drama, love and tragedy; and each one represents a startling tale of detective work and remarkable coincidences, oft-times revealing controversy.

“It will stand as a FITTING TESTAMENT to those men
lost but NOT FORGOTTEN.”

Best of British

“a REMARKABLE publication ... highly recommended.”

Britain at War



CONVOY PEEWIT

BLITZKRIEG FROM THE AIR AND SEA
8 AUGUST 1940

ANDY SAUNDERS

NOW IN PAPERBACK

ISBN 978-1-909166-00-4 • \$22.95 pb • 192pp • 246 x 170mm
b/w Illustrations throughout • World Rights: Grub Street

During the morning of 7 August 1940 over twenty merchant ships set sail on the Channel in Convoy CW9 “Peewit”. Under the watchful eyes of the Germans, the large convoy had been seen from Cap Gris Nez and warning messages flashed to the Kriegsmarine and Luftwaffe. At Boulogne E-Boats were readied off Beachy Head to watch and wait for the inevitable convoy. With horrendous suddenness the E-Boat Flotilla was amongst the convoy as it passed Newhaven, like a pack of wolves into a flock of sheep.

The mayhem that followed was initially and correctly recorded as the first day of the Battle of Britain, and resulted in the heaviest losses

seen in the war so far. After sustaining massive damage RAF fighters were scrambled from Tangmere to defend the convoy, clashing with attacking Me 109s, Me 110s and Ju 87s in a vicious battle over the Channel.

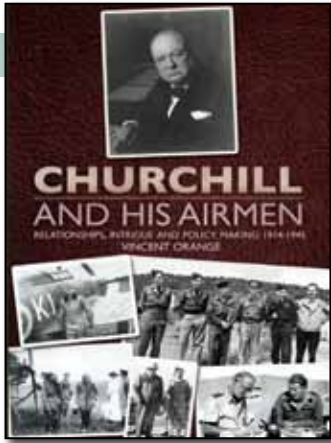
Andy Saunders delivers a blow by blow account from the perspective of the RAF, Luftwaffe, Merchant Navy, Royal Navy and Kriegsmarine on this milestone day. *Convoy Peewit* gives a chronological breakdown of events on land, sea and air, successfully setting them into context against the wider picture that was the Battle of Britain with a host of new photographic material.

“EXCELLENT research across UNCHARTED GROUND about
a little known aspect of the Battle of Britain.”

Winston Ramsey, author and historian

“A very INFORMATIVE AND WELL-RESEARCHED book
packed with facts and photographs.”

Rob Jerrard, Royal Navy and Maritime Book Reviews



CHURCHILL AND HIS AIRMEN

RELATIONSHIPS, INTRIGUE AND POLICY-MAKING, 1914-1945

VINCENT ORANGE

ISBN 978-1908117-36-6 • \$43.95 hb • 320pp • 234 x 156mm 16 pages b/w photos • World Rights: Grub Street

“GRAB ANYTHING by Vincent Orange for he chooses INTERESTING subjects and writes about them SUPERBLY.” *Air Mail*

Winston Churchill probably had more impact on 20th Century British military history than any other person and especially during World War II. Yet of all the many volumes since that war which deal with his relationships with generals and admirals, most surprisingly, there seems not to be a single book devoted to Churchill as a would-be pilot, and, more importantly, to the relations he had with a host of airmen between 1914 and 1945.

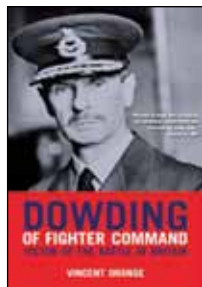
Exceptional air marshals of his time included Dowding, Park, Portal, Freeman, Tedder, Coningham and Harris. Such men had years of professional expertise behind them and those who had reached the top by 1943 were such

strong characters that not even the prime minister could dominate them in policy-making.

Crucially, Churchill had supported the independence of the RAF from other services, and whilst he did bully and cajole, even abuse his airmen, he also listened to them and their plans, and inspired them.

With his expert eye, respected historian and professor, Vincent Orange, has carefully studied and evaluated every detail of Churchill's relationships with his closest officers to produce a masterful analysis of a neglected subject.

Also by Vincent Orange





MALTA SPITFIRE PILOT

TEN WEEKS OF TERROR APRIL-JUNE 1942

DENIS BARNHAM

ISBN 978-1909166-03-5 • \$17.95 pb • 208pp • 210 x 135mm
2 x 8pp photos and paintings • World Rights: Grub Street

“An INTENSELY VIVID
picture of the air defence, ELOQUENT
and REVEALING.” *TLS*

Malta in the summer of 1942, a Malta wide open to air attack from the Germans and Italians and defended by a handful of Spitfires and a few anti-aircraft guns.

Denis Barnham, a young and inexperienced flight lieutenant, spent ten hectic weeks on this indomitable island; he left a well-ordered English aerodrome for the chaos and disillusionment of Luqa. His task was to engage the overwhelming number of enemy bombers, usually protected by fighter escorts, and shoot down as many as possible. The Spitfires were bomb-scarred and battered; often they could only get two or three in the air together, and the airfields were riddled with bomb craters, but they

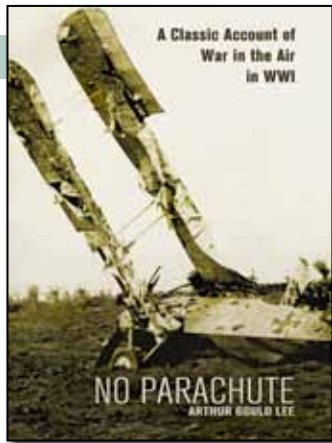
managed to keep going and they made their mark on enemy operations.

The author has written a powerful account of his experiences in Malta starting with his trip out in an American aircraft carrier through the ceaseless battle and turmoil during the desperate defence of the island, until his departure by air back to England, having seen the reinforcements safely landed and the tide of battle turning. His descriptions and illustrations of the air action are thrilling, but terrifying. It is at times a very grim story but told with humour and compassion to bring, arguably, one of the best first-hand accounts of aerial combat ever written.

INTRODUCTION BY JAMES HOLLAND

“Much has been written on this subject, but the author records his experiences in a personal way, rather than strategic. His narrative is based on a diary which covers the whole vista of living on a bombed island. It is well worth reading his comments on action in one of the most bombed islands of the war.”

Aeromilitaria



NO PARACHUTE

A CLASSIC ACCOUNT OF WAR
IN THE AIR IN WWI

ARTHUR GOULD LEE

ISBN 978-1909166-04-2 • \$24.95 hb
256pp • 210 x 135mm • Photos included
World Rights: Grub Street

From the young airmen who took their frail machines high above the trenches of World War I and fought their foes in single combat there emerged a renowned company of brilliant aces - among them Ball, Bishop, McCudden, Collishaw and Mannock - whose legendary feats have echoed down half a century. But behind the elite there were, in the Royal Flying Corps, many hundreds of other airmen who flew their hazardous daily sorties in outdated planes without ever achieving fame.

Here is the story of one of these unknown flyers - a story based on letters written on the day, hot on the event, which tells of a young pilot's progress from fledgling to seasoned fighter. His descriptions of air fighting, sometimes against the Richtofen Circus, of

breathless dog-fights between Sopwith Pup and Albatros, are among the most vivid and immediate to come out of World War I. Gould Lee brilliantly conveys the immediacy of air war, the thrills and the terror, in this honest and timeless account.

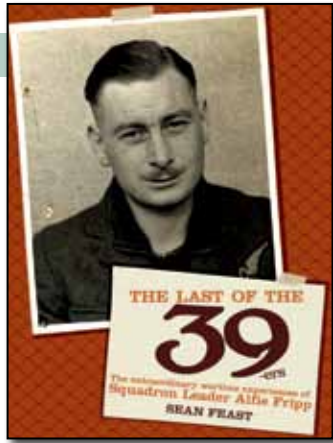
Rising to the rank of air vice-marshal, Gould Lee never forgot the RFC's needless sacrifices - and in a trio of trenchant appendices he examines, with the mature judgement of a senior officer of the RAF and a graduate of the Staff and Imperial Defence Colleges, the failure of the Army High Command to provide efficient aeroplanes until mid-1917 and parachutes throughout the war, and General Trenchard's persistence in a costly and largely ineffective conception of the air offensive.



Ranks with *Open Cockpit*,
also published by Grub Street

"This book is one of his finest and brings home to the reader life in the air and on the ground for a Great War pilot. Well written, dramatic and informative, it's almost like being there with him as he flies."

The Great War



THE LAST OF THE 39-ERS

THE EXTRAORDINARY WARTIME EXPERIENCES OF SQUADRON LEADER ALFIE FRIPP

SEAN FEAST

ISBN 978-1909166-15-8 • \$34.95 hb • 224pp • 234 x 156mm 16pp b/w photos • World Rights: Grub Street

In some ways, Alfie Fripp's war ended when he was shot down on a reconnaissance sortie over Germany in October 1939. In many others, it was only just beginning.

Squadron Leader Alfie Fripp (RAF Retd) was the oldest surviving and longest-serving British prisoner of war (PoW) until his death in 2012 – the last of the so-called '39-ers'. Held during World War II in the Nazi PoW camp of Stalag Luft III in Sagan, he was a veteran of the real Great Escape in which he took an active role, and had the sadness of seeing his own skipper – Mike Casey – shot as one of the '50'.

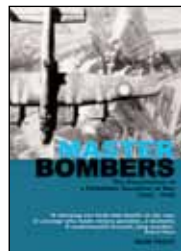
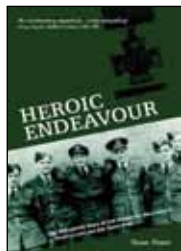
But Alfie's story begins well before the outbreak of the Second World War. One of Trenchard's 'Brats', Alfie trained as a wireless operator before spending more than five years in various flying boat squadrons

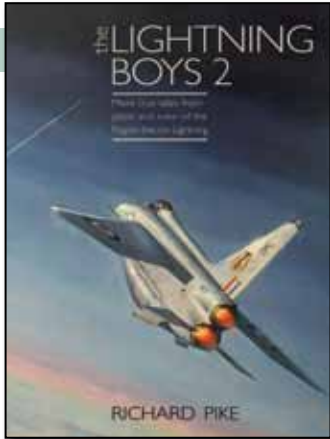
in the Far East. He was again one of the last survivors from the days of the mighty Southampton, Scapa and Singapore flying boats that ruled both the skies and the waves, and helped ensure the safety of the Empire.

Told to Sean Feast with striking honesty and simplicity, written with pace and insight, Alfie's story has been brought alive. Accompanied by a superb collection of photographs, this long-overdue account is an excellent chance to discover the story of one of these legendary men.

Sean Feast is a well respected aviation historian whose past titles for Grub Street have been *Heroic Endeavour*, *Master Bombers* (now in paperback), *A Pathfinder's War* (with Ted Stocker), *Churchill's Navigator* (with John Mitchell) and, most recently, *The Pathfinder Companion*.

Also by Sean Feast





THE LIGHTNING BOYS 2

MORE TRUE TALES FROM PILOTS AND CREW OF THE ENGLISH ELECTRIC LIGHTNING

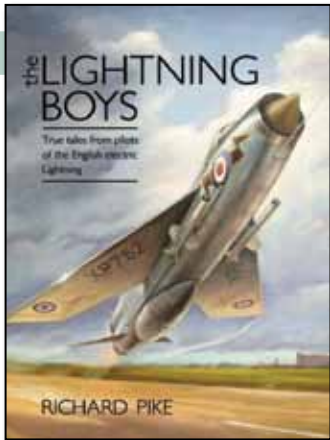
RICHARD PIKE

ISBN 978-1909166-13-4 • \$34.95 hb • 192pp • 234 x 156mm
colour & b/w photo sections • World Rights: Grub Street

The sequel to the best-selling *The Lightning Boys*, *Lightning Boys 2* is a must-have companion and continues the tales from pilots and other crew connected with this iconic aircraft, giving a rare insight into postwar fighter operations. In 20 separate stories to intrigue, amaze and amuse, the book has also been compiled and written by Richard Pike.

The reader is taken to situations as diverse as

intercepting 60 plus enemy aircraft, a desperate struggle in a cockpit flooded by tropical downpours, the difficulties of being affected by sudden toothache at high altitude, and the curious encounter with an unidentified flying object. Yet another chapter paints a dramatic reconstruction of a scene in Germany when a Lightning, having entered an inadvertent, out-of-control spin, began an earthwards plunge towards a town centre.



THE LIGHTNING BOYS

TRUE TALES FROM PILOTS OF THE ENGLISH ELECTRIC LIGHTNING

RICHARD PIKE

ISBN 978-1908117-15-1 • \$34.95 hb • 192pp • 210 x 148mm
Colour and b/w photo sections • World Rights: Grub Street

According to a recent international study, the Lightning is the fifth most popular military aircraft of all time. It has thousands of devotees who are a ready market for this entertaining book, with over twenty individual stories

from former Lightning pilots compiled by one himself.

Included are the memories of an aerobatic display pilot, an implausible yet true tale of

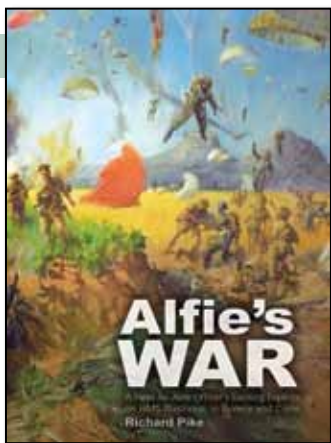
telepathic communication, and an extraordinary episode when a Lightning pilot on an exchange programme with the French air force became embroiled in a mid-air collision.

In addition to the original photographs that

accompany the text, the renowned aviation artist Chris Stone (himself a former Lightning pilot) has provided a unique sketch as well as copies of some of his paintings. The style, scope and pace of the writing in this book will appeal to the general reader as well as to the enthusiast of this iconic aircraft.

“A SUPERB SELECTION of FIRST-HAND STORIES,
bound to be snapped up by fans of EE’s astounding fighter.”
Flypast

“Richard Pike is to be congratulated on
this FASCINATING COMPILATION of TRUE TALES.”
Aeroplane



ALFIE'S WAR

A WORLD WAR II FLEET AIR ARM
LIEUTENANT'S EXCITING EXPLOITS ON
HMS *ILLUSTRIOUS*, IN GREECE AND CRETE

RICHARD PIKE

ISBN 978-1908117-41-0 • \$34.95 hb • 192pp • 234 x 156mm
8pp b/w photos • World Rights: Grub Street

Written in two parts, and as a sequel to *Seven Seas, Nine Lives*, Richard Pike continues the remarkable experiences of Captain AWF 'Alfie' Sutton CBE DSC and bar RN.

During events which come as close to fiction as is imaginable, the first part describes how Alfie, badly injured and close to death during the bombing of HMS *Illustrious* by the Luftwaffe in January 1941, wakes to find himself laid out amongst the dead, but miraculously still able to help the ship on to Malta.

After full recovery, part two starts with his involvement in the Allied campaign in Greece

in the spring of 1941, leading to him evacuating the Greek royal family in a flying boat. After numerous escapades he fights with the defenders during the German invasion of Crete in 1941.

Admiral Cunningham was later to describe Sutton's efforts as "an example of grand personal courage under the worst possible conditions which stands out brightly in the gloom". It was a struggle doomed to failure, but Alfie survived to continue his war and tell his story to author Richard Pike who relates it here with passion, pace and drama.

A HISTORY OF THE
MEDITERRANEAN
AIR WAR
1940-1945



Volume Two: North African Desert
February 1942 - March 1943

Christopher Shores, Giovanni Massimello,
Russell Guest, Frank Olynyk & Winfried Bock

SEPTEMBER 2013

A HISTORY OF THE MEDITERRANEAN AIR WAR, 1940-1945

VOLUME 2: NORTH AFRICAN DESERT, FEBRUARY 1942-MARCH 1943

CHRISTOPHER SHORES
GIOVANNI MASSIMELLO, RUSSELL GUEST,
FRANK OLYNYK & WINFRIED BOCK

ISBN 978-1909166-12-7 • \$69.95 hb • 560pp • 240 x 170mm
Illustrated throughout • World Rights: Grub Street

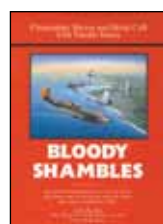
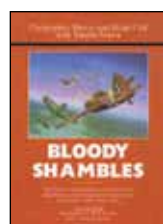
This volume picks up the story as the 8th Army, following its hard-fought success in Operation Crusader, was forced back to the Gazala area.

It covers the lull prior to the disastrous defeat of the 8th Army in June 1942 and the loss of the port and fortress of Tobruk. The costly efforts of the Allied air forces to protect the retreating British and Commonwealth troops and stop this turning into a rout is examined in depth. So too is the heavy fighting which followed in the El Alamein region as the line was stabilised. This period was ameliorated somewhat for the Western Desert Air Force by the arrival - at last - of the first Spitfires. The build-up of both the army and air force which followed, coupled with new commanders on the ground, meant that Rommel's Deutsche Afrika Korps was defeated at Alam el Halfa at the start of September, and then again, comprehensively, at the climactic battle of El Alamein in October.

Joined by the first units of the United States Army Air Force, the Allied air forces began to achieve an ascendancy over those of the Axis. The long pursuit of the Italo-German forces across Libya is recounted, including the capture of Tripoli, followed by the breakthrough into Southern Tunisia at the end of March 1943. This allowed a link-up with the Allied forces in Tunisia (whose story will be related in Volume 3) to be achieved. In this volume follow the fortunes of the great fighter aces of the Desert campaign such as Jochen Marseille and Otto Schulz of the Luftwaffe, Franco Bordoni-Bisleri of the Regia Aeronautica and Neville Duke, Billy Drake and 'Eddie' Edwards of the Commonwealth air forces.

While the fighting above the constantly-moving front lines form the main narrative, the Allied and Axis night bombing offensives and the activities of the squadrons co-operating with the naval forces in the Mediterranean are certainly not neglected.

Also by Christopher Shores



CURRENTLY AVAILABLE



A HISTORY OF THE MEDITERRANEAN AIR WAR, 1940-1945

VOLUME 1: NORTH AFRICA,
JUNE 1940 - JANUARY 1942

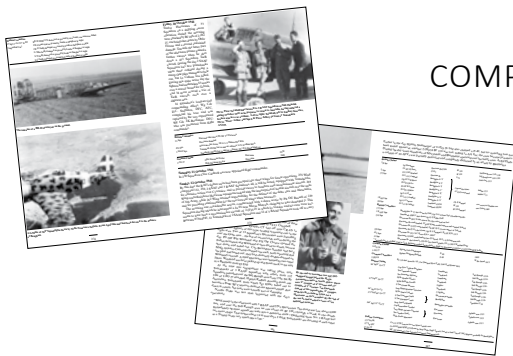
CHRISTOPHER SHORES, AND
GIOVANNI MASSIMELLO, WITH RUSSELL GUEST

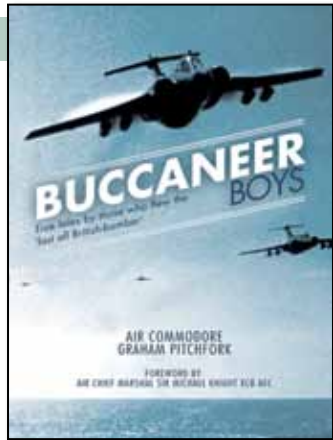
“The start of a LONG-AWAITED,
COMPREHENSIVE and definitive set of books.”

Flypast

“A MONUMENTAL book.
Unlikely to be surpassed.”

Britain at War





BUCCANEER BOYS

TRUE TALES BY THOSE WHO FLEW THE 'LAST ALL BRITISH-BOMBER'

AIR COMMODORE GRAHAM PITCHFORK

ISBN 978-1909166-11-0 • \$34.95 hb • 224pp • 234 x 156mm

Illustrated throughout • World Rights: Grub Street

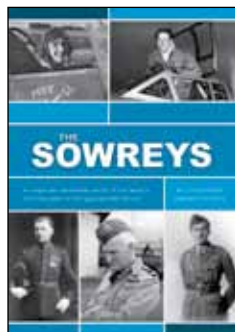
Foreword by Air Chief Marshal Sir Michael Knight KCB, AFC

Twenty-four aircrew who flew the iconic aircraft with the Fleet Air Arm, the Royal Air Force and the South African Air Force (SAAF) relate their experiences and affection for the Blackburn Buccaneer. Arranged in chronological order, the book traces the history of the aircraft and the tasks it fulfilled. In addition to describing events and activities, it provides an insight into the lifestyle of a Buccaneer squadron and the fun and enjoyment of being a 'Buccaneer Boy' in addition to being part of a highly professional and dedicated force.

The introduction into service is fully described before the development of the air force's maritime tactics and the deployment of two squadrons to Germany in the

overland strike role is covered. Two chapters deal with the aircraft's stunning successes at the Red Flag and Maple Flag exercises flown in North America which

Also by
Graham Pitchfork



took the USAF hierarchy by storm. A further chapter is devoted to the intensive but little known Bush War operations by 24 SAAF Squadron on the borders of Angola.

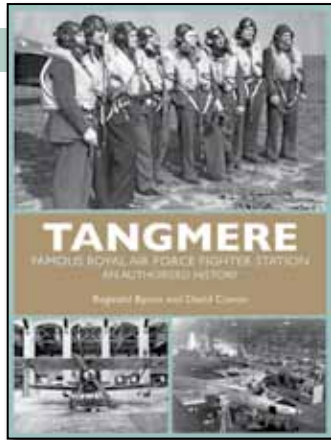
Two USAF exchange officers who flew Buccaneers relate their experiences and the aircraft's deployment for the Lebanon crisis and the reinforcement exercise to the Falkland Islands is examined. The introduction of new air-to-surface anti-ship missiles is covered before the Buccaneer left to go to war in the Gulf where it distinguished itself providing precision laser marking for the Tornado force in addition to carrying out its own precision bombing attacks.

This lavishly illustrated book concludes with accounts of the aircraft's final days in RAF service and some reflections on its impact on maritime and overland air power.

In 2012 author, and ex-Buccaneer pilot, Graham Pitchfork received both the Guild of Air Pilots and Air Navigators Award for Aviation Journalism and the Air Power Association Award of the CP Robertson Memorial Trophy for his services to aviation writing.

"This superb book gives a fascinating insight into the earlier days of the RAF, and into an extraordinary family."

Flypast



TANGMERE

FAMOUS ROYAL AIR FORCE FIGHTER STATION
AN AUTHORISED HISTORY

REGINALD BYRON AND DAVID COXON

ISBN 978-1909166-19-6 • \$43.95 hb
352pp • 240 x 170mm • 3 x 8pp photo sections
World Rights: Grub Street

This is the first full history of the Royal Air Force fighter station at Tangmere, West Sussex, from its beginnings in the First World War until its untimely closure in 1970. In its day it was one of the best known and strategically most important fighter stations in the British Isles.

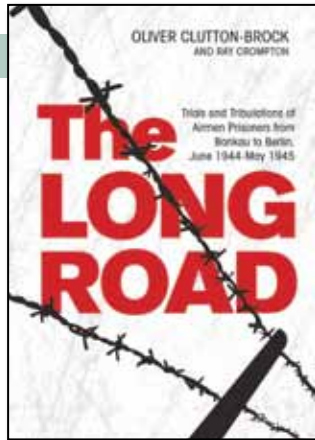
Tangmere first became prominent in the 1920s and 1930s for the highly polished air displays given at the RAF Pageants at Hendon by the pilots and aircraft of its resident squadrons, 1 and 43. On the outbreak of the Second World War, 1 Squadron was the first RAF squadron to be sent to France. With the fall of France in May 1940, Tangmere's squadrons found themselves right on the front line and during the Battle of Britain Tangmere was one of the main fighter stations constantly engaging with the deadly Luftwaffe.

Tangmere's Hurricane and Spitfire pilots continued heroically to defend southern England for the next three years and turned increasingly to an offensive role, led by Wing Commander Douglas Bader. Squadrons at Tangmere were heavily in-

involved in Operation Jubilee, the combined raid on Dieppe, and continued over the years to harass the enemy across the Channel with increasing accuracy, ferocity and persistence, culminating in a pivotal role in Operation Overlord, the D-Day landings.

After the war Tangmere settled into a peacetime routine, became home to the High Speed Flight and the World Air Speed Record was broken there in 1946 and again in 1953 by Neville Duke. As the cold war set in Tangmere was no longer well positioned as an interceptor station and by the end of 1958 Fighter Command had withdrawn its last squadron. The aerodrome was used by Signals Command for six years or so then served as a home to various non-flying units until its decommissioning in 1970. It is now a highly prized museum with many valuable artefacts and aircraft.

Expertly told with use of official diaries and operations record books this is a long-awaited, comprehensive and conclusive account of a fascinating fighter station and its neighbouring airfield Ford.



THE LONG ROAD

TRIALS AND TRIBULATIONS OF AIRMEN PRISONERS FROM BANKAU TO BERLIN, JUNE 1944-MAY 1945

OLIVER CLUTTON-BROCK
AND RAY CROMPTON

ISBN 978-1909166-20-2 • \$52.95 hb • 400pp • 246 x 170mm 16pp photo section • World Rights: Grub Street

This book is firstly a testament to those of many nationalities who found themselves imprisoned at Stalag Luft VII, Bankau (Luft 7 for short) in Upper Silesia, the Luftwaffe's last prisoner of war camp.

Having survived the trauma of action against, and capture by, the enemy, some as far back as 1940, they came from France, the Low Countries, Germany, Norway, Denmark, Poland, the Balkans, Italy, Hungary, the Mediterranean and other seas, and from North Africa. Many of their experiences and adventures have never been documented before.

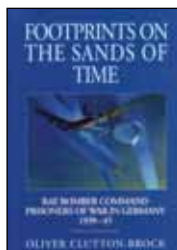
It is also the complete history of their prisoner of war (POW) camp, Luft 7, told in full detail for the first time, a camp that existed

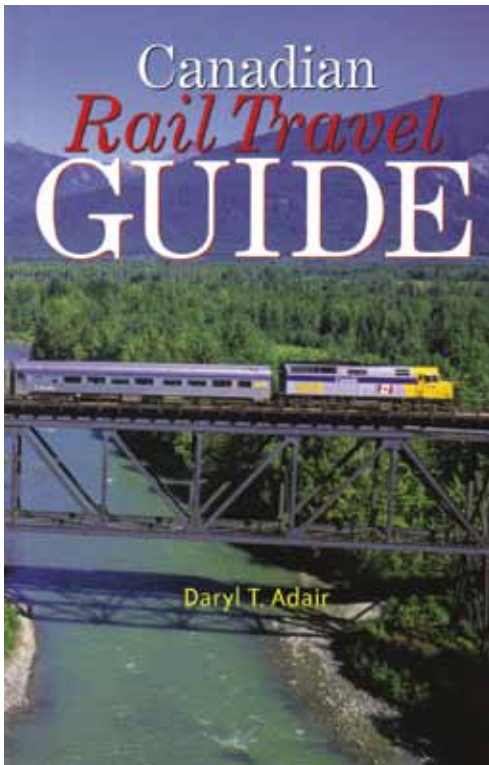
for barely thirty-two weeks from its opening in early June 1944 to its closure in mid January 1945.

The Luftwaffe were not to know when they built the camp that it would prove to be directly in the path of the great Soviet offensive of January 1945. In one of the harshest winters for many years the hungry POWs were forced at gunpoint to walk in the Arctic conditions with little or no food for over a fortnight. They eventually reached another, much larger, camp near Berlin - Stalag IIIA (Luckenwalde) - in the second week of February 1945. Although their trials were not yet over, food and proper accommodation were not forthcoming for several weeks, the Luft 7 POWs fought through with surprisingly few casualties until, in the warm sunshine of April and May 1945, with or without the permission of the Soviet occupying forces, nearly all of them went home.

Respected historian Oliver Clutton-Brock and Ray Crompton have researched the camp and its aftermath in depth, uncovering previously unpublished details and photos. Part reference, part gripping narrative it is a unique work not only for the serious RAF historian but for ex-PoWs themselves and their families and anyone with an interest in the RAF in general, and captivity in particular.

Also by Oliver Clutton-Brock





Canadian Rail Travel Guide

Revised Edition

Daryl Adair

All aboard for an exciting and informative ride. The new *Canadian Rail Travel Guide* is like having your own personal tour guide to ensure you get the most out of your time on Canada's scenic rail routes.

This Conveniently-sized book is filled with essential information including: mile-by-mile descriptions of points of interest, locations of communities along the rail routes, route histories, overviews of destination attractions, contact information and addresses for arranging overnight accommodation, and more.

Extensively researched, the *Canadian Rail Travel Guide* contains approximately 150 detailed colour maps and photographs of all the rail passenger routes across Canada. With a special section on everything you need to know before you go, you won't want to plan a rail trip without it.

Daryl Adair is one of Canada's most active passenger railway travelers. Through his Winnipeg-based Rail Travel Tours, he operates tours on many of Canada's passenger trains, providing interesting "insider knowledge" about the trains, the towns they pass through, and the local featured to be enjoyed in each community on the trip.

Pub Date: January

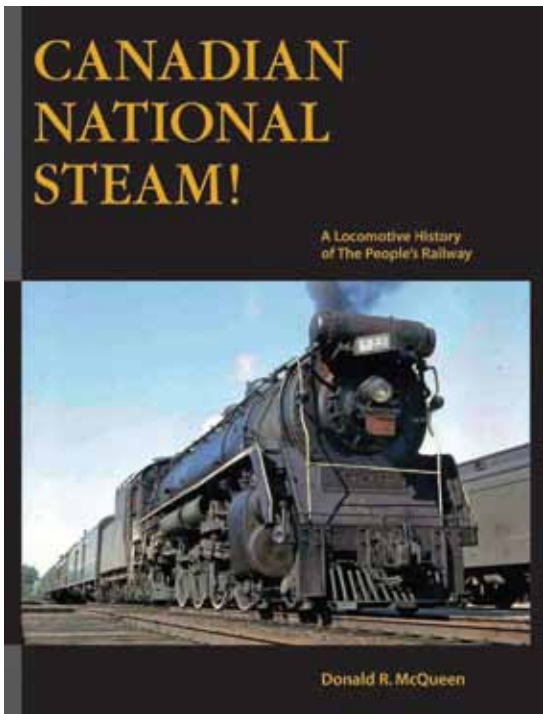
Price: \$23.95

EAN: 978-1-55455-298-6

Trim: 5 x 8

Format: Trade Paper

Pages: 160



Price: \$49.95
EAN: 978-1-927599-00-6
Trim: 8 x 10
Format: Paperback
Pages: 256

Canadian National Steam!

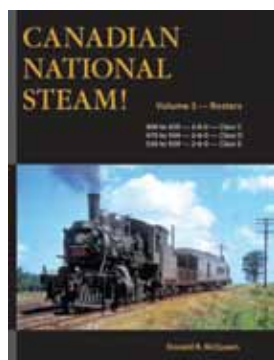
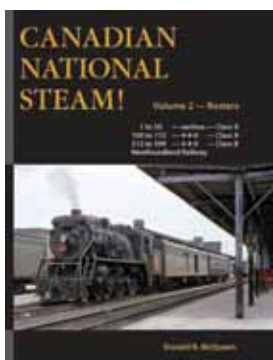
Volume 1: A Locomotive History of the People's Railway

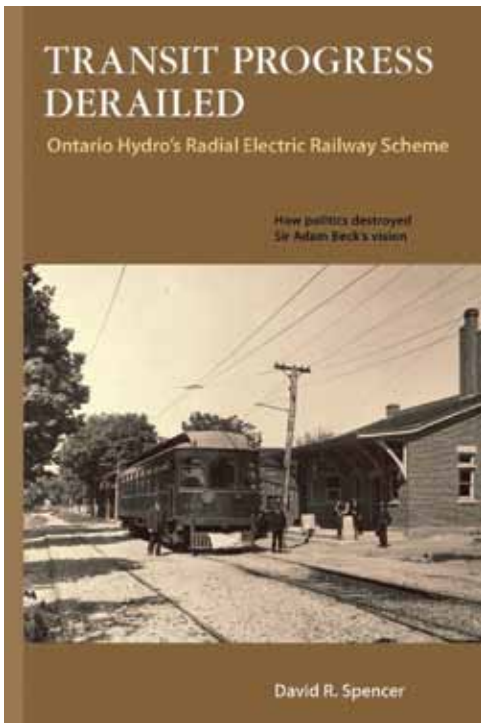
Donald R. McQueen

This updated and expanded text based on Clegg & Corley's Canadian National Steam Power, outlines the history and technical development of steam power as influenced by the different CNR Motive Power Chiefs. It includes a summary of all locomotive classes with wheel types, road- and builder-numbers, a list of all predecessor and subsequent owners of CNR power, a builder's list of CNR steam power, a bibliography and an index. There are 147 photos of historic locomotives, most in operation, exhibiting their awesome power and evoking pleasant memories of nostalgic days gone by when trains took everybody everywhere.

Don McQueen, born in Toronto in 1938, was raised in Brockville, Ontario and received an Honours Arts degree in History from Queen's University in 1963. Moving to London, Ontario later that same year, he began a secondary school teaching career which spanned 33 years in six of the city's schools. Initially a school librarian, teaching Canadian history and geography, Don also taught and developed school curricula in the humanities, world civilizations, law, sociology, world issues, and photography. His articles, background research or contributions have appeared in a number of Canadian books and publications, including Branchline, CN LINES (Canadian National Railways Historical Association), and Canadian Rail.

WIRE-BOUND ROSTER VOLUMES AVAILABLE SPRING 2014:





Transit Progress Derailed

Ontario Hydro's Radical Electric Railway Scheme

David R. Spencer

This book tells how politics destroyed Sir Adam Beck's vision of building over 1000 miles of electrified interurban railways throughout Southern Ontario in the early 20th Century. Over 100 photos and 22 detailed maps provide perspective on where these systems were located, operated or planned. You'll see equipment of all the various systems, and detailed information about each railway.

The story of Beck—who built an Ontario Hydro empire (the world's first publicly-owned utility) based on providing electric power at a cost—and his power politics is one of fascinating intrigue. He was eventually outdone by an Ontario premier whose appointed "Royal Commission" quashed the grandiose interurban plans despite broad public support for Beck's ideas.

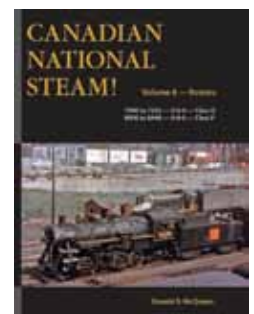
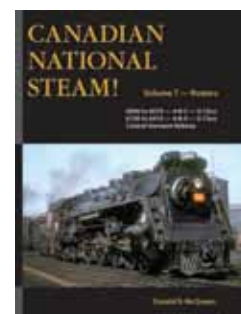
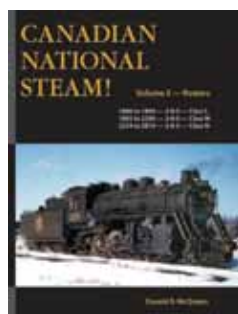
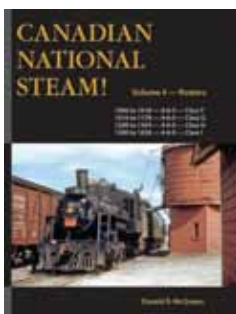
Price: \$29.95

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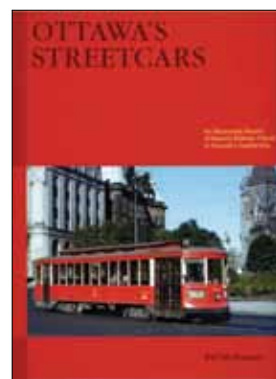
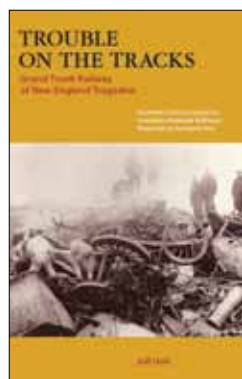
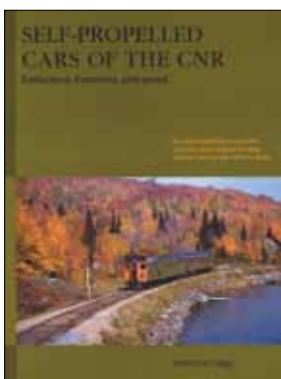
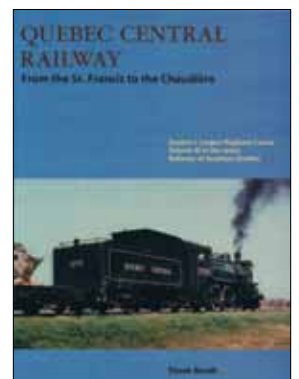
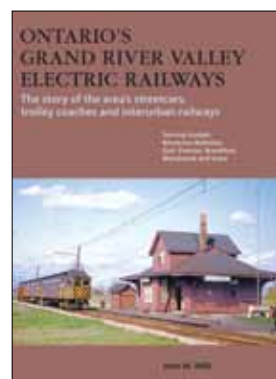
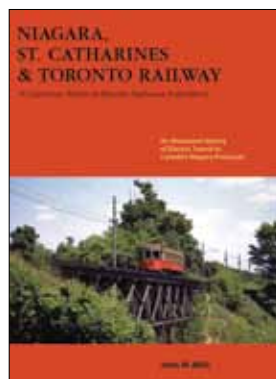
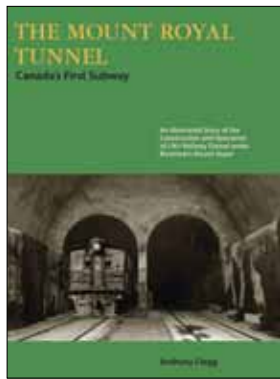
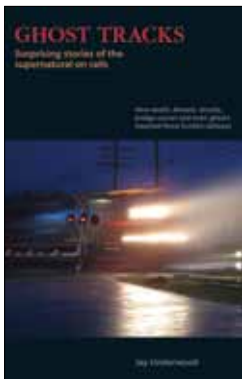
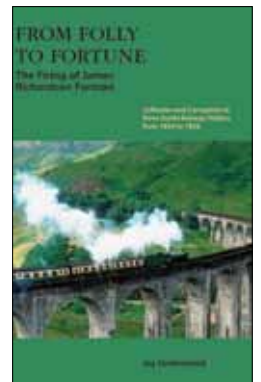
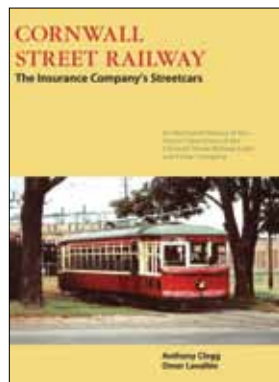
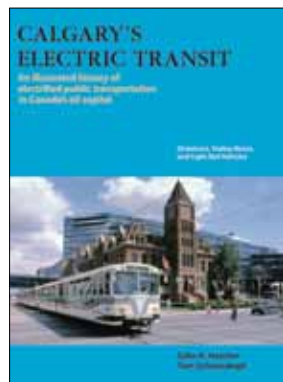
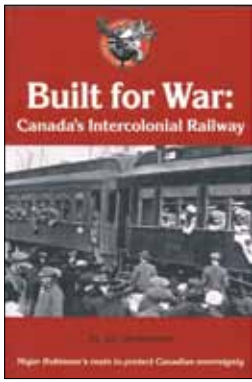
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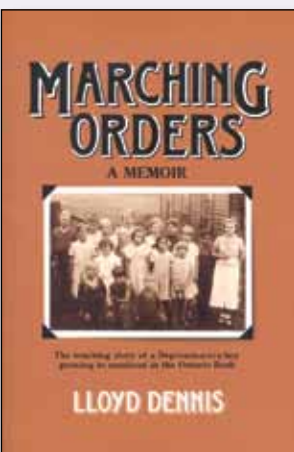
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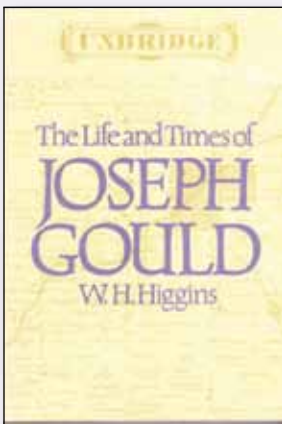
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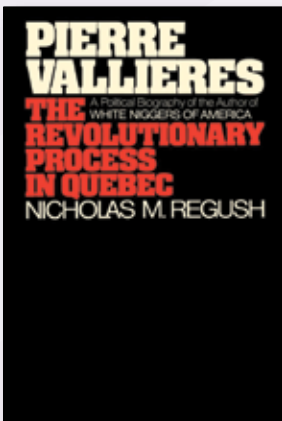
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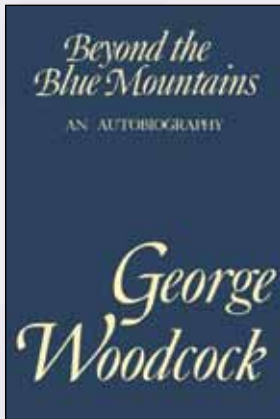
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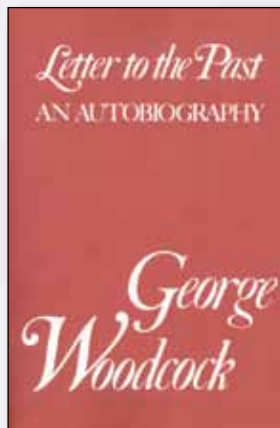
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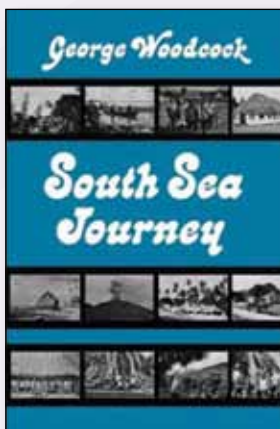
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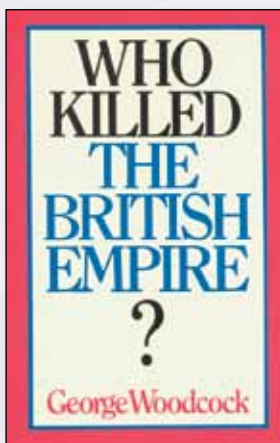
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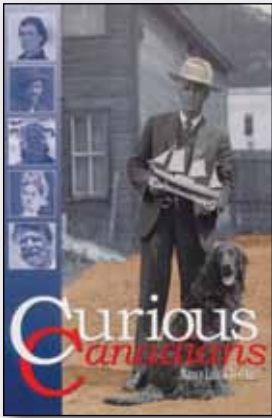
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Canadian History



Curious Canadians

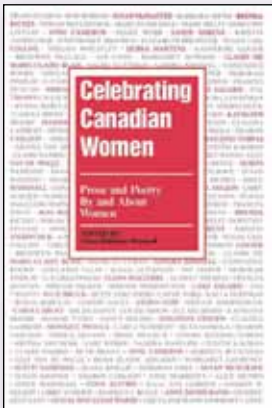
Nancy Liss and Ted Liss

Curious Canadians is a lively celebration of all those who simply dared to be different. Bringing together over thirty illustrated stories of some of Canada's most indelible schemers and dreamers, finders and seekers, this collection of the strange and inspiring, weird and wonderful is the perfect response to anyone who ever wondered whether Canadians were boring.

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Edited by Greta Hofmann Nemiroff

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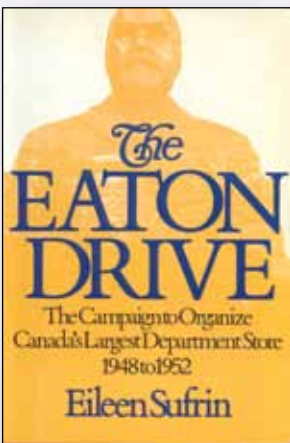
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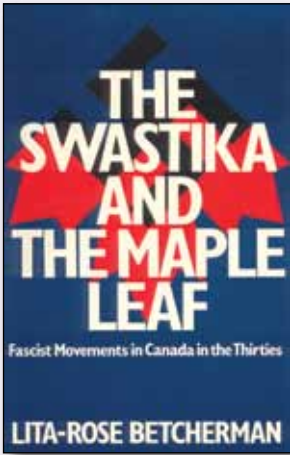
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The Swastika and the Maple Leaf: Fascist Movements in Canada in the Thirties

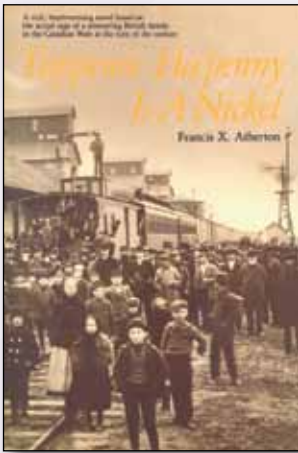
Lita-Rose Betcherman

Lita-Rose Betcherman analyzes the origins of totalitarianism and how it became a powerful trend in European countries and even Canada in the 1930s. *The Swastika and the Maple Leaf* traces the growth of fascism in Canada, from its roots in Quebec to its widespread appeal across the country.

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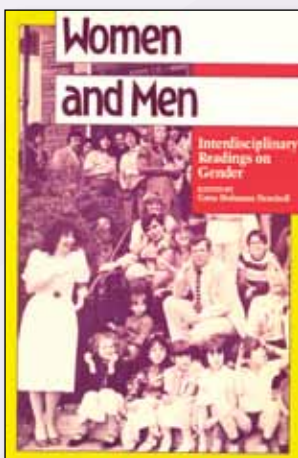
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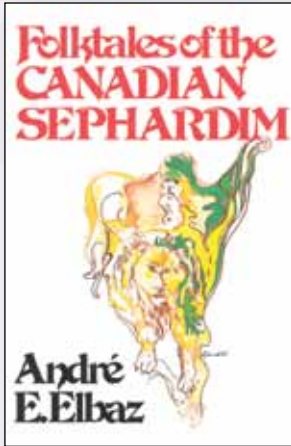
—Shelagh Wilkinson, Coordinator, Women’s Studies Programme, Atkinson College

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Jewish Interest



Folktales of the Canadian Sephardim

André Elbaz

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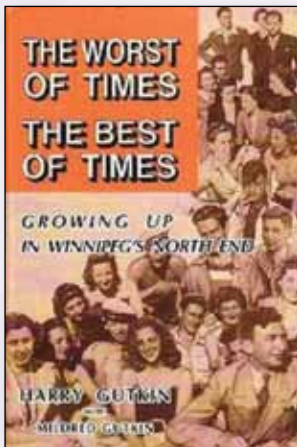
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Harry Gutkin and Mildred Gutkin

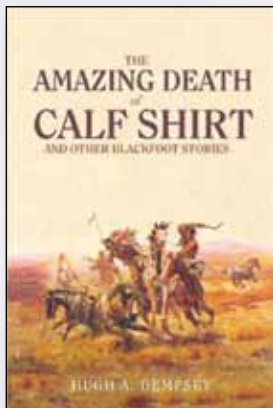
In the assembled reflections there are insights into the particular nature of the Jewish ethos, and perhaps also into the universal immigrant experience.

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“The book is not only a valuable introduction into the dynamics of Blackfoot tribal history, but a testament to the ability of the Blackfoot to draw on their history to perpetuate their cultural identity through time.”

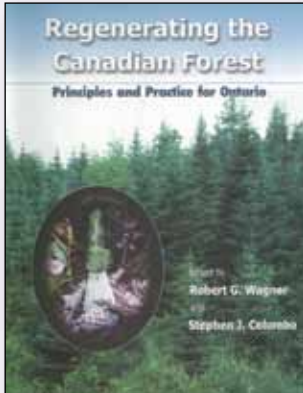
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Edited by Steve Colombo and Robert Wagner

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Sports



From Worst to First: The Toronto Blue Jays in 1985

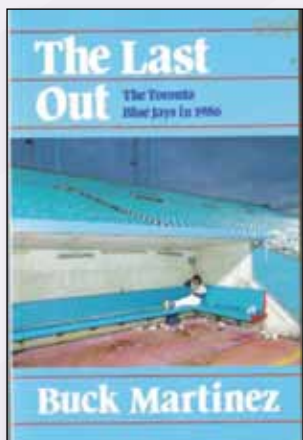
Buck Martinez

John "Buck" Martinez, veteran catcher with the Toronto Blue Jays, chronicles their historic 1985 season—a year when the team went from the basement to tops in their division. From spring training to season end, he writes about the players, the coaches, the key games and the emotion of the team winning its first championship. Engrossing, invigorating, and a must for all true Blue Jays fans. Illustrated with photographs.

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"Given that it was published 25 years ago, *The Last Out* is an interesting read. It's a time capsule, capturing the state of baseball in the mid-80s... *The Last Out* is also an amusing read, knowing what has happened since it was written."

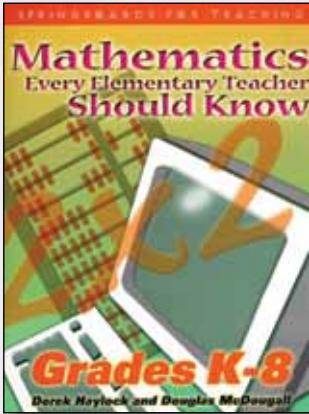
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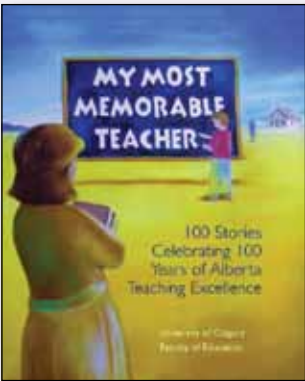


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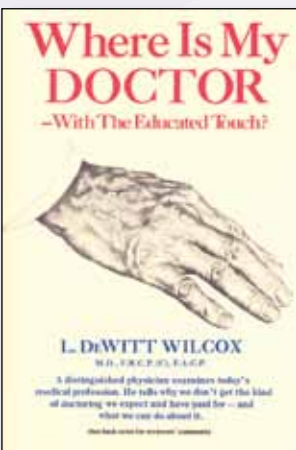


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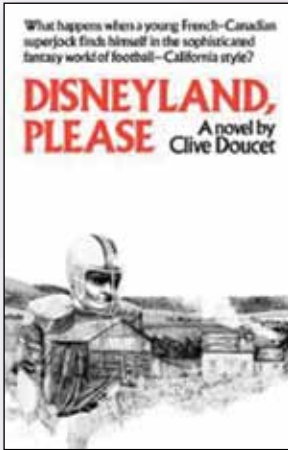
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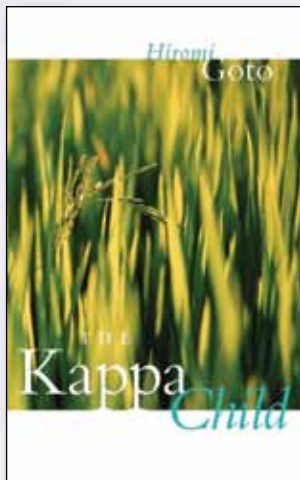
Clive Doucet

For Guy (Angie) Leblanc, an Acadian from Cape Breton, California is still the land of Disney—the magic world he has known through television as he was growing up in the village of Bel Etang. But football at UCLA proves to be a very different world, and he is caught up in a roller-coaster of west-coast sophistication.

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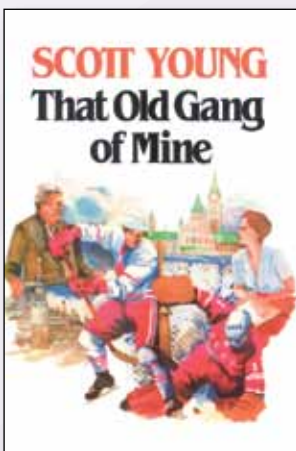
“The Kappa Child is a beautiful book... Goto introduces just enough of the kappa myth for readers to appreciate...”

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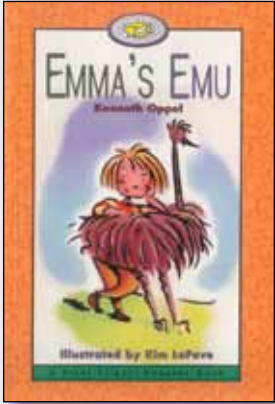
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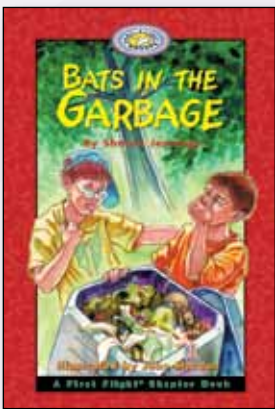


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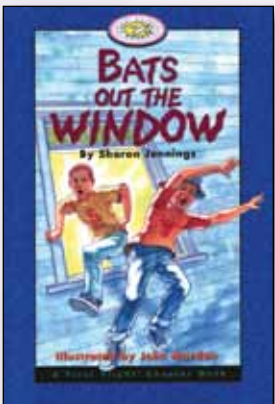
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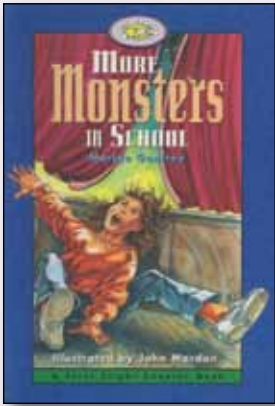


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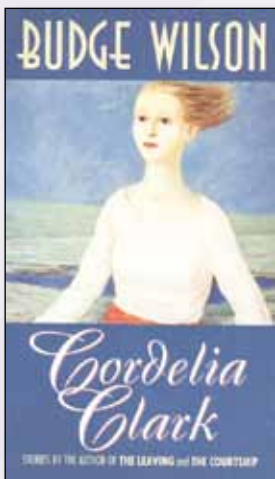
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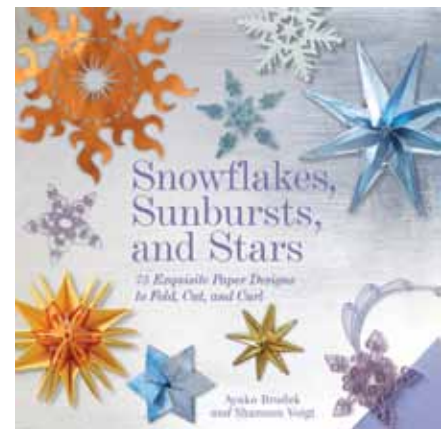
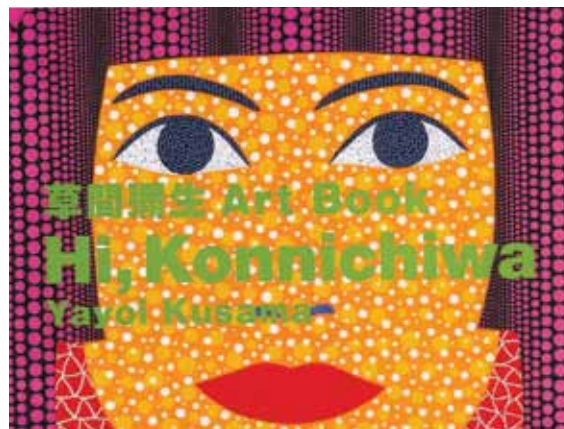
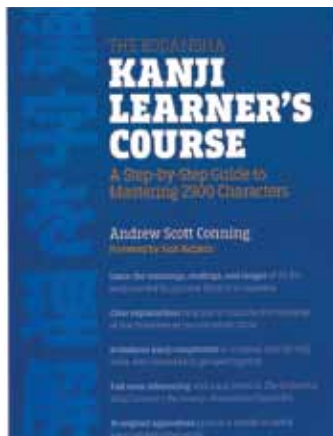
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